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VOLUME 23, NUMBER 70

WEDNESDAY, SEPTEMBER 1, 1999

FIFTY CENTS

\$23M project slated for Chouteau Island

 By Scott Cousins
 Staff writer

Citing its "unique setting" and its "key role" as part of the Confluence Greenway, the city of Madison has proposed turning Chouteau Island into a multi-million dollar recreation and natural area, including a golf course, trails, camping and other uses.

The first phase of the proj-

Madison cites 'unique setting' for recreation

ect would cost approximately \$23 million in public and private funds and much of the work could be completed in time for the bicentennial of the Lewis and Clark Expedition. About 35 officials from local, state and federal agencies met Monday in Madison to hear a presentation by the city and Gateway Trailnet, which is overseeing the reha-

bilitation of the Old Chain of Rocks Bridge.

Madison Mayor John Hamm, State Rep. Tom Holbrook, D-Belleville, and U.S. Rep. Jerry Costello, D-Belleville, said they expected to see some movement in the next month or so as agencies responded to the proposal. "I think the Chouteau Island project has the potential to be

a tremendous asset to the entire region," Costello said.

"This is the first of many meetings that will take place," Holbrook said the meeting was "the first step in the first phase."

He added that as the meeting closed, officials with the Illinois Environmental Protection Agency and Waste Management Inc. made plans

to meet within 30 days to discuss the closing of the landfill.

"Just in the closing moments, we have probably taken the biggest item that could be the most volatile issue and started resolving it already," Holbrook said.

Holbrook also said the number of agencies attending the meeting was a very good sign. "It's also a good sign when

department directors show up and not assistants to the assistants," Holbrook said.

The island has been uninhabited since the 1993 floods. Major property owners are Trailnet Inc. and the city of Madison, Waste Management Inc., and the U.S. Army Corps of Engineers. All those properties will become part of the project.

Most of the other land on the island is farmland or

See CHOUTEAU, Page 3A

Labor marks holiday

Annual Granite parade set Monday

 By Michael Heil
 Staff writer

Madison County AFL-CIO Treasurer Gary Gaines calls Granite City's Labor Day

Parade the best one in town. "We think it is the biggest, best and grandest in Granite City during the year," Gaines said.

The much-heralded parade will take place Monday. About 1,500 union members representing about 40 locals are expected to assemble at 10 a.m. at Edison Street between Niedringhaus and 18th Street. The parade will proceed along Niedringhaus, Madison, 27th Street, State Street and 29th Street before ending the hour-long gala event at Wilson Park. There, union members and their families will relax, enjoying food, drinks and fun-filled activities.

The Granite City Transit District will provide shuttle service to parade-goers from 8:30 a.m. to 3:30 p.m. Also, a voters' registration booth for Madison County residents will be set up at the end of 29th Street.

On Sunday, the day before

See PARADE, Page 3A

Never too early to learn



Future Granite City firefighter Ryan Houston, who is a year-and-a-half old, helps Granite City firefighter Sam Nesbitt close a fireplug at the Granite City Fire Department headquarters on Madison Avenue Monday morning.

Agency gets new booking system

New equipment being bought with ISP grant funds

 By Sanford J. Schmidt
 Staff writer

The Madison County Sheriff's Department will have the most advanced booking system in the state when it takes delivery

of a digital camera purchased with state grant money. Chief Deputy Bob Hertz

said the new equipment that has been brought online in the past five years will put information about suspects into the criminal justice system in a flash.

The new camera coming from the Illinois State Police is the last of a series of new innovations that will make paper processing and old-fashioned mug shots a thing of the past, Hertz said.

"In the old days, prisoners

were booked into the County Jail using a typewriter, ink fingerprints and cards, and a black-and-white 35-millimeter camera," Hertz said.

The new system will be a little faster but a lot more efficient, once the information is entered.

"It will eventually eliminate the paper we have stacked up to the ceiling," Hertz said.

See SYSTEM, Page 3A

Venice figures down one-third

200 enroll in grade school classes, 69 more attend high school sessions

 By Scott Cousins
 Staff writer

Initial enrollment figures show that the Venice School District has lost slightly more

than one-third of its enrollment from last year.

At last week's School Board meeting, Acting Superintendent Robert Vickers said about 200 students showed up for classes during the first week of school at Venice Elementary School and about 69 at Venice High School.

The district's official enrollment last year was 415, but an audit by the Illinois State Board of Education showed that at least 139 students were

non-residents.

The state has also said the district owes approximately \$1.1 million in aid that it received because of the illegal students. However, the district has requested that the state forgive that debt.

Vickers said things were running smoothly so far. In the short term, I think we're OK because we've got the hold-harmless grant (which makes up for state aid the district will not receive this year), but in succeeding years, it's going to be a problem," Vickers said.

He said ISBE Superintendent Glenn McGee is expected to meet with

See VENICE, Page 3A



A Madison County sheriff's deputy works with the new computerized fingerprint file.

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Granite City Journal

INDEX

Classified	1D	Obituaries	5A
Entertainment	6B	Sports	1B
Family Matters	6A	The Big Picture	4A
Local News	2A	Today's Food	1C

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Pontoon board approves two business zoning variations

Electronic hotel sign question still unresolved

By Scott Cousins
Staff writer

Zoning variances were approved for two businesses Tuesday at the Pontoon Beach Village Board meeting.

PONTON BEACH

The board approved a request by Ron Schanz of Regency Partners Inc. for a variance allowing a 100-foot sign at the new Holiday Inn Express at 14 Regency Drive, off Illinois 111. Unresolved is the question of an electronic billboard about 35 feet above street level on the sign. Village officials said that was not covered in the hearing and prohibited by village ordinance.

The board also approved a

request by Dave Schneidewind for a variance allowing a 15-foot property line setback for the new Dollar General store planned for the intersection of Pontoon Road and Lake Road.

Schneidewind, who attended the meeting, said they would probably break ground on the project sometime next month. Both requests had been approved by the Zoning Board after public hearings at the sites. There were no objectors at either hearing.

The Village Board also approved a request for a business license by Schanz and Regency Partners Inc. In other business, the board approved licenses for a zany/party supply business by Jennifer Finazzo of Pontoon

Beach. The business would be located at the former Fat Archies, 4007 Pontoon Road. However, village officials questioned whether numerous building code violations would be fixed at the site.

After some discussion, it was agreed to allow the license with the stipulation that the electrical service would be addressed before the building is occupied and the other problems would be fixed in 30 days.

The board also approved a license for Rodney Wortham for Paragon Marketing & Copy Center, in the Oakmont Center at 4020 Pontoon Road.

Pontoon Beach may impose building reinspection fee

By Scott Cousins
Staff writer

The village of Pontoon Beach will consider imposing a reinspection fee for building and occupancy inspections.

At Tuesday's Pontoon Beach Village Board meeting, Building Inspector Robert Barthelmy said the fee was needed to help the village's inspectors cut down on the number of trips to individual sites.

Barthelmy said because the village does not impose a reinspection fee like most other municipalities, an inspector might be called out to the same site three or four times.

He also said they need to develop some kind of penalty for builders who ask inspectors to meet them at a work site but then don't show up.

The matter was referred to committee.

The board also discussed

purchasing a moving tractor

with a 20-foot extension arm

that would allow them to cut along ditches and Long Lake. Village Trustee Bob Vincent said he wanted to work out

some kind of an agreement with Nameoki Township to obtain the equipment.

Granite City Journal

Published twice weekly by Suburban Newspapers of Greater St. Louis

Managing editor: David Feld
News editor: Nicole Vaughn
City editor: Scott Cousins
Copy editor: Brent Feeney
Sports editor: Toby Carrig

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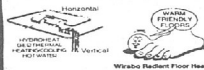
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Obituaries

Sherman Briggs Jr.

SHERMAN "JOE" BRIGGS JR., 76, of Granite City, died at 6:45 p.m. Thursday, Aug. 19, 1999, at St. Mary's Hospital.

He was born July 22, 1923 in Rome, N.Y. Mr. Briggs was a U.S. Army veteran. He worked for Granite City Park District in the security department and at O'Bea-Nester Company in East St. Louis.

He is survived by two sons, Sherman Briggs III and Marty Briggs, both of Granite City; a daughter, Joan Stepanek of Granite City; a sister, Rosey Howard of Hernando, Fla.; five grandchildren; and two great-grandchildren.

He was preceded in death by his wife, Shirley (Sartin) Briggs; his parents, Sherman L. and Florence Briggs III; four sisters; and a brother.

Funeral services were held at Warner-Mick Funeral Home in Granite City, with the Rev. Larry Mouser officiating. Burial was in St. John's Cemetery.

Memorials may be made to the American Heart Association. THOMAS HARMON, 79, of Granite City, died at 8:45 p.m. Saturday, Aug. 28, 1999.

He was born Sept. 23, 1919, in Jefferson County, Mo. Mr. Harmon was a U.S. Navy veteran of World War II and was a superintendent of the electrical department at Granite City Steel for 47 years, retiring in 1964. He was a member of First United Presbyterian Church in Granite City, a 32nd-degree Mason with Granite City Masonic Lodge 877 and Ainslie Shrine Temple.

He is survived by his wife, Jane E. (Steiner) Harmon, whom he married on May 12, 1945.

Other survivors include two sons, Dr. Lawrence Harmon of Granite City and Terry Harmon of Edwardsville; a brother, Clarence Harmon of Granite City; and five grandchildren.

She was preceded in death by his parents, Thomas B. and Anna (Steiner) Harmon; a brother, James Gordon Harmon; and a sister, Erma Harmon Feather-son.

Funeral services were held Tuesday at Irwin Chapel in Granite City, with the Rev. Jeffery Jahn officiating. Burial was in Highland City Cemetery.

Memorials may be made to First United Presbyterian Church of Granite City for Children. DOROTHY HARTNAGEL (DOROTHY BUENTE) SCHAAKE HARTNAGEL, 76, of Edwardsville, died at 8:40 p.m. Sunday, Aug. 29, 1999.

She was born May 13, 1921, in Granite City. Mrs. Hartnagel was a member of Immanuel United Methodist Church in Edwardsville and United Methodist Women.

She is survived by two daughters, Pamela Newman of Dorsey and Denise Schaeke of Edwardsville; two sons, Dennis Schaeke of Edwardsville and Alan Schaeke of Glen Carbon; two stepdaughters, Suzanne Rizzol of Sun Rise Beach, Mo., and Kathleen Fink of Edwardsville; two stepsons, Richard Hartnagel of Edwardsville and George Hartnagel of Pocahontas; a brother, Charles Buente of Granite City; seven grandchildren; 13 step-grandchildren; and many step-great-grandchildren.

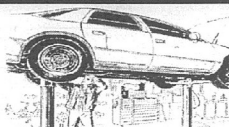
He was preceded in death by his parents, Charles and Emma (Strackelmann) Buente; her first husband, Chester Schaeke; her second husband, Albert Hartnagel; four sisters, Edna Buente, Hilda Price, Melba Gieszmann, and Ruth Spelber; and a brother, Herbert Buente.

Funeral services will be at 11 a.m. today, Wednesday, at Saksa Mater Funeral Home in Edwardsville, with the Rev. Dorothy Feilhaber officiating. Burial

See OBITUARIES, Page 5A

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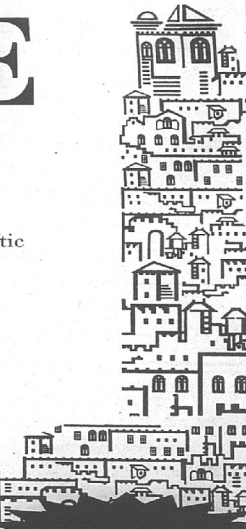
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Sheriff purchases new booking system

Continued from Page 1A

The latest innovation is a digital camera, purchased with a \$16,000 grant from the State Police.

"The State Police tell us that once we have the new camera, we will have the most advanced booking system in the state," Hertz said.

The camera makes mug shots instantly available instead of storing them in a film magazine that contains hundreds of frames, which

must all be developed before any one shot is available.

"If they would have had that system in Texas, that Mexican serial killer might never have gone free to commit more murders," Madison County Sheriff Bob Churchich said.

The mug shot, the prints and the booking information would have been available almost instantly all over the country and all over the world, he said.

The camera will be deliv-

ered to ISP headquarters in Joliet, assembled there and delivered to the Madison County Sheriff's Office, Hertz said.

The information upgrade began five years ago with a grant from the Illinois Criminal Justice Authority, which bought a Criminal Information Management Inmate System. The system is an electronic word processing device built especially for booking information, replacing the old-fashioned typewriters and paper, Hertz said.

The department also obtained a "livescan" fingerprinting machine that records prints electronically, without the need for messy ink and space-eating paperwork.

The livescan system also is instrumental in preventing suspects from getting away, with giving false identification.

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CASEY'S GENERAL STORE

\$23M project slated for Chouteau Island

Continued from Page 1A

forested. Many landowners have expressed willingness to sell the property, but officials stressed that no land would be taken from private owners.

Having at least part of the project completed by 2004 is important because of the large numbers of people expected to be in the area during the celebration of the 200th anniversary of the Lewis and Clark Expedition.

The proposed \$23 million includes \$6 million for a new interchange on the island, allowing the Canal Bridge to be converted to bicycle and pedestrian use; \$1.85 million for a 1,000-vehicle parking lot and an RV camping area;

\$650,000 for a replica of the original toll booth, which would be used as a museum and would house restrooms and other facilities; \$850,000 for equestrian trails and other facilities; \$1 million for a boardwalk near the Old Chain of Rocks Bridge; and \$8 million for the golf course.

However, Hamm said it is unlikely that the golf course could be developed by 2004. Hamm has been talking about using the island for recreational purposes since the city annexed land out to the bridge in 1996.

A number of factors have influenced the development of the plan:

The recent signing of "mirror" legislation in

Missouri and Illinois to allow the creation of regional park districts.

Plans to begin the second phase of renovations on the Old Chain of Rocks Bridge.

Increased emphasis on the construction of bicycle trails throughout the region.

The planned closing of the Chain of Rocks Landfill in the next few years.

An increased emphasis by the U.S. Army Corps of Engineers on recreational use and green space.

The development of adjacent recreational, natural and historic areas such as the Columbia Bottoms area and a new \$7 million interpretive center for the Lewis and Clark Historic Site.

Granite City Labor Day Parade set Monday

Continued from Page 1A

the parade, families of local unions will have an opportunity to swim free of charge from 8 to 10 p.m. at Wilson Park Pool.

The parade and events are sponsored by the Tri-City Chapter of the Greater Madison County Federation of Labor, AFL-CIO. This year's

Grand Marshal will be George Machino Jr., president of Madison County AFL-CIO and business representative for Operating Engineers 399 of Wood River.

The parade festivities will include performances by the Granite City High School Band, the school's Drill Team and Pom Pom Squad and will feature a host of dazzling floats representing five cate-

gories. The winners of each will receive a handsome trophy.

According to Gaines, as part of the activities, a tug-of-war contest will likely be a hotly contested event between Granite City Carpenters Local 633 and United Steel Workers of America Local 1063.

Whoever wins it, he said, will proudly take home a trophy.

Venice school enrollment down one-third

Continued from Page 1A

Madison County Regional Superintendent of Schools Harry Briggs Tuesday to discuss the situation in Venice as well as other matters.

The board also set a date for a public hearing on the proposed 1999-2000 school year

"In the short term, I think we're OK because we've got the hold-harmless grant, but in succeeding years, it's going to be a problem."

Robert Vickers

Acting Venice School Superintendent

budget. The hearing will be at 6:45 p.m. Sept. 23. The board is expected to act on the budget at the regular meeting following the hearing.

The budget calls for expenditures of \$3,947,240 for the 1999-2000 fiscal year, which began July 1.

That is compared to a \$3.5 million budget for the 1997-1998 school year and \$3.7 million for the 1998-1999 school year.

In other business, the board approved spending approximately \$2,300 for new cheerleader uniforms and accepted two teacher resignations.

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Strategies help kids cope with adversity, persevere

A wonderful school administrator I know, recently suggested I address the importance of helping children deal with adversity, and learn how to cope with failure or frustration.



Dennis O'Brien
FAMILY
MATTERS

Adversity dogs most of us throughout life, unless we develop the grit and determination to persevere, we get swamped — time and time again. However, there are some strategies that can help your child learn skills to cope with adversity and acquire perseverance.

In situations involving practice and preparation, stress the process rather than the outcome. Encourage your child to enjoy learning how to do something, whether it be writing a term paper, kicking a soccer ball or learning to paint.

Encourage your child to persevere when discouraged by mistakes. Explain that mistakes are simply something to learn from, and persistence usually brings long-term success. Help your child redefine failure as just a frustrating phase in an ongoing learning process on route to ultimate success.

In competitive situations, prepare your child to try hard without necessarily expecting to come out on top.

For example, we explain to our daughter that it is an honor to be asked to audition for a show. This helps her take it in stride when she doesn't get a part and makes her feel very special — and somewhat lucky — when she does.

If your child strives after unrealistic goals, clarify expectations and set

reasonable objectives. Is the point to learn athletic skills or to win a championship? To get perfect grades or to do well enough and live a well-rounded life?

Listen to your child's feelings and analysis before sharing your perspective when your child is disappointed with the results of her or his efforts. Draw your child out by using open-ended questions: How do you feel? What are you thinking now? What, if

anything, would you do differently?

Acknowledge real obstacles to success, including the difficulty of the task and any disabilities your child may have.

When misfortunes arise, help your child identify and express her or his feelings. Illness, betrayal by a friend, the death of a pet or a move to a new school may generate unrecognized feelings of sadness or anger. Your child

may sink into depression if her or his feelings are not dealt with properly.

Once again, use your listening skills first. After the problem has been identified and emotions have been expressed, you may engage in problem solving, offer reassurances, reframe the situation in more favorable terms or redirect your child's focus to other areas of life.

If you must announce something that troubles you

and may upset your child, talk with your spouse and give yourself enough time to get your emotions under control. It is important that your unsettled feelings not burden your child.

Although setbacks may seem tragic to a child when they occur, they offer opportunities for important growth in character and coping skills. Parents who use strategy can turn adversity into learning situations and help their child

develop determination, persistence and problem-solving skills.

Dennis O'Brien is a licensed clinical social worker, experienced educator and therapist, and executive director of Zink the Zebra Foundation of St. Louis, an organization serving medically fragile children.

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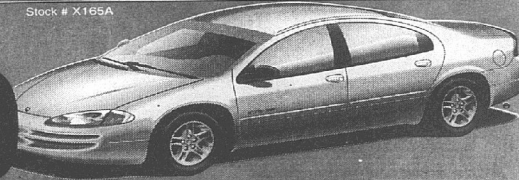
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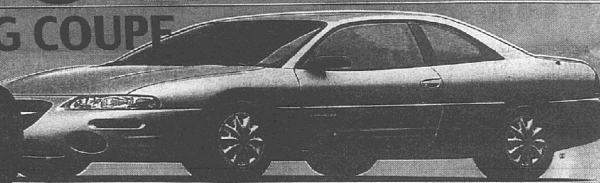
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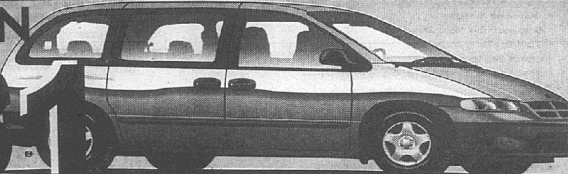


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CORRECTION

The information printed in the Newcomers Guide was incorrect. The correct information is as follows:
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News

Your retirement income should be based on your own needs

If you've read much about financial planning, you've probably come across the idea that you will need anywhere from 60 to 80 percent of your annual pre-retirement income for each and every year of your retirement.

According to this thinking, you will need to adjust all your savings and investment strategies so that they will provide you with this definitive percentage.

Where do these figures come from? Actually, they're just a common denominator that has gained widespread acceptance. But the truth is that there is no one right number or even range of numbers for everyone.

To really know what you'll need in retirement, you'll have to take into account your individual goals and your estimated expenses.

To begin with, you'll want to



Jeff Prosser

develop your own personal vision. What do you see yourself doing during retirement? Will you earn income by starting your own business or consulting? Will you purchase a second home and spend most of your time pursuing leisure activities? Will you volunteer for local civic organizations?

Your choices are almost limitless. And what you plan to do during retirement will

greatly affect the savings and investment techniques you employ before your retirement.

For example, you might be planning to start a consulting practice upon retiring from your present career. You know that your skills and expertise give you an excellent chance of earning a significant amount of money.

Furthermore, you plan to live in your current house, which will be paid for by the time you retire.

Taking these two factors together, you decide that your investments need to provide you with only a relatively small amount of your retirement income.

Consequently, you feel free to take some chances with your portfolio and you invest part of it in aggressive growth instruments, which could ultimately provide you with strong capital appreciation.

On the other hand, suppose you want to retire early and then have nothing further to do with the world of work. You also want to purchase and maintain a vacation home, in which you will live half the year. In this case, you will be counting heavily on your investments.

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DNA testing leads to baby's father's abuse arrest

By Dennis Grubaugh
Staff writer

An Alton man who paid for DNA tests to prove he did not father a local teenager's baby has been charged with a crime after the tests apparently showed he did.

Steven Earl Homer Jr., 23, has been charged in Madison County Circuit Court with aggravated criminal sexual abuse. He was taken into custody without incident Aug. 25 at his home in the 3500

block of Franor Street, police said Friday.

He is accused of carrying on a sexual relationship with the 15-year-old girl over a number of months in 1997 and then threatening to kill both her and the baby after she told him the baby was his, said Jerry Cooley, a detective with the Alton Police Department.

Homer admitted to having sex with the girl, but not to fathering the baby girl, who

was born in May 1998, Cooley said.

The girl so feared for her safety she filed for an order of protection against Homer.

"He stated that if he has to spend one minute in jail, both my child and I would be dead," the girl said in the application for the order. "He has been sending messages that I will die through other people."

A two-year protection order

was granted July 9 by Associate Judge Lewis Mallott.

Cooley said Homer agreed to pay for DNA testing to prove he wasn't the father. The results came back recently.

"They're 99.93 percent certain the baby is his," Cooley said.

Homer was ordered held on \$80,000 bond. He also faces a charge of violating the order of protection.

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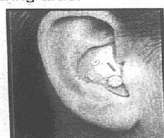
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Going national
Voellinger talks about
plans for grid game
Page 2B

Sports

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Perfect season
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Inside

Warriors thrash Peoria in opener

Smith nets hat trick in 8-0 victory

By Rick Broome
Staff writer

Granite City opened the 1999 soccer season with a bang Saturday.

**BOYS
SOCCER**

The offense provided a healthy first-half cushion, the defense was never seriously threatened, and the Warriors laid an 8-0 thrashing on Peoria Richwoods at the Gauntlet.

The Granite City strike force got the Warriors on the board in the 19th minute. Junior Mike Smith took the ball in the box and back-heeled a pass to the foot of sophomore Rich Edwards, whose shot hit the near post. Edwards rebounded in his own rebound to give the Warriors a 1-0 lead.

Just 1:42 later, senior Jared McMillian's throw-in from the left side sailed over the defense to the near post, where Smith was waiting. Smith took it off the bounce and headed home the goal.

Smith got his second 10 minutes later when he headed in Jeremy Hickam's corner.

"We were ready to play," Smith said. "We

"We are really in good shape right now. We worked hard over the summer. We have good chemistry together with this team. Everybody is really together."

Mike Smith
Granite City junior

are really in good shape right now. We worked hard over the summer. We have good chemistry together with this team. Everybody is really together."

The Warriors poured on the offense in the second half. Senior Josh Peucher beat Knights keeper Tim Loyd in the 47th minute when he knocked in the rebound of Matt Jackson's hard shot. Smith completed his hat trick 30 seconds later when he broke free down the left side and

See SMITH, Page 3B



Tim Stephenson photo
Junior Mike Smith helped Granite City start off on the right foot.

FALL SPORTS PREVIEWS — GIRLS VOLLEYBALL

Solid cast hopes to mend Warriors program

First-year head coach impressed with attitude, knowledge of experienced Granite City squad

By Rick Broome
Staff writer

Granite City's 1998 volleyball season ended quietly.

**PREP
VOLLEYBALL**

But this year's squad of experienced thumpers hopes to turn around a program that has lain dormant too long.

"We have five returning seniors who we are looking to see on the varsity court," Granite City coach Ruth Layton said. "We have Jessica Wallace, Jessica Worthen, Christina Rother, Jeanna Janek and Megan Francis."

"We look at Wallace and Worthen for leadership on and off the court. As outside hitters, they are extremely strong on the court. They have good court awareness, knowing where to go. We look for awesome hitting from both of them."

"Jeanna Janek is a back-row specialist. She has excellent technique for her passing, does a nice job getting it to her target. Megan Francis is also considered one of our back-row specialists with awesome technique, but a really strong court awareness, knowing not only where she needs to be but also where the other players need to be. She works well with those other girls on the

"Our seniors have a winning attitude, and I think our juniors also have the tenacity to work very hard to win."

Ruth Layton
Granite City coach

court.

"Christina Rother is recuperating from shoulder surgery right now, but she will be our backup setter. She also had good court awareness and knows where to put the ball. She has very quick hands and does a nice job for us on the court."

Aside from the veterans, the Warriors hope to parlay the talents of three steady juniors into victories.

"We see Carly Laster as playing a key role," Layton said. "She is an outside hitter who has the ability to get up in the air so quickly. I've never seen someone get up so high so quickly. She can really drive the ball down. She will be on the court with the varsity team."

"Jamie Cassidy is a junior starter on the varsity court. She is the setter, and in our 5-1 offense, she is the 1. Jamie is

a great student of the game and knows where she should be on all the plays. She can set high, low and medium. She is a great setter for all of our hitters. She is one of our quiet leaders on the floor and we look for great things from her.

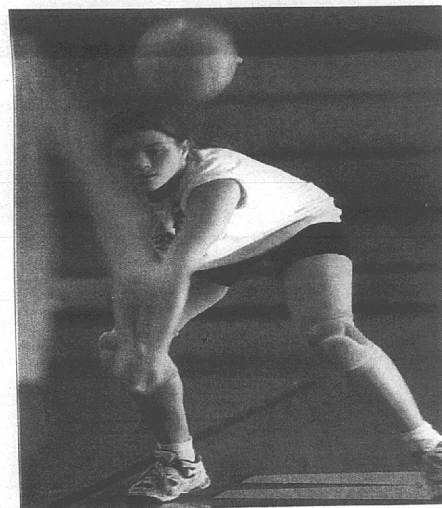
"Another strong junior that we see playing a lot with the varsity is Ashley Bogovich. She is our middle hitter who comes up extremely quick. She is excited to play that position and seems excited when she has an awesome hit out of the middle. She has been working very hard on something that we are going to trick the other teams with. She is a very good player."

Layton, in her first year as the Warriors head coach, has surrounded herself with a solid support system that should make the transition to boss more smooth.

"At this point I am extremely pleased with our coaching staff," Layton said. "Stephanie Kuit is our junior varsity coach, she moved up from the freshmen level. We also have a new freshman coach, Jill Randall. She is a student-teacher this fall at the high school."

"All three of us mesh very well together, and they have been so helpful with everything that we have tried to

See SOLID, Page 3B



Tim Stephenson photo
Jessica Worthen is one of five experienced seniors returning for Granite City this year.

Belleville West seeking another trip to state

Loss of 7 seniors hasn't gutted Maroons

By Scott Marlon
Staff writer

At first glimpse, it might seem like the 1999 Belleville West volleyball team might be in for a lean year.

**PREP
VOLLEYBALL**

After all, the Maroons lost seven seniors — including three-year starters Nicole Panzau, Sarah Panzau and Danielle Lawary — from a team that posted a 32-8 record. West reached the quarterfinals of the IHSA Class AA state tournament before losing 17-15 to Naperville Central in the deciding game of the quarterfinal match.

But Belleville West's tradition is alive and well, and the Maroons again should be among the best teams in the Metro East.

"We'll dress 14 players and 11 or 12 of them will probably play every game," said West coach Charles

Rodman. "We had a strong senior core on the floor last year, but I feel real good about this group. We have some size, the kids pass pretty well and they have a tradition of winning. I don't feel the cupboard is bare by any means."

"We have a good base of juniors and seniors who were both undefeated as freshmen and we can lose (freshman) Katelyn Panzau into the mix. It's at least partly true that this is a 'rebuilding' year, but it's not like we don't have anything to rebuild with."

West should again be solid on the front row, with 6-foot-1 junior middle blocker Erin Noble, 6-0 junior outside hitter Christina Archibald and 5-11 senior outside hitter Liz Wanless leading the way.

"We have a number of other hitters

to complement them, like (6-0 junior) Kim Woolsey, (5-11 senior) Tiffany Toenjes and (5-9 senior) Kristin Si Ivany," Rodman said. "Junior outside hitter Kendra Lanxon and (senior outside hitter/defensive specialist) Peggy Rasp are primarily passers, but they can do hit and do a good job as well. Katelyn Panzau is 5-10 and she'll also be at the net for us."

Seniors Kelly Matysik and Shelley Smith are the setters, with Panzau as the backup.

"They haven't run the varsity yet, but the JV team was undefeated last year," Rodman said of Matysik and Smith. "They've also played on a lot of club teams."

Other varsity players are senior defensive specialist Kim Carpenter,

junior outside hitter Emma Norsigian and junior middle blocker Casey Hunter.

"We have so much talent," said Rasp, who shares West's co-captain duties with Wanless. "We may not have three or four really good players like last year, but we have 14 who can do everything. Everyone on the team plays club ball except Casey, who plays softball, but she's so athletic it doesn't matter."

"Having a really good back-to-back classes, it's hard to gain recognition for everyone. Some of this year's seniors could have started last year," Wanless said. "It's not what we've lost, it's what we've gained."

West opens the season at Red Bud. The Maroons play Saturday in the Quincy Invitational.

Flyers fall in opener

By Rick Broome
Staff writer

East St. Louis stumbled out of the gates Saturday and dropped its season opener 20-7 to visiting Chicago Simeon.

**PREP
FOOTBALL**

The muggy afternoon at Clyde Jordan Stadium was no treat for the Flyers' faithful.

"I really think the hot weather may have played a small part," East coach Terry Hill said. "But Simeon had to go through the same problem. They played a lot of kids both ways too, just like we did. I think the thing was that our kids just didn't fight the way I thought they would have."

"They just kind of gave up, and I was trying to explain that to them when it was 14-7 and we were having a little drive and we made mistakes. I think we just didn't fight hard enough. Point blank, I think we just kind of gave up."

Simeon quarterback Dana Spragg found Michael Taylor with a 13-yard pass to open the scoring in the first quarter. Terrance Robinson rambled downfield on a 45-yard score later in the quarter to put Simeon up 14-0.

The Flyers cut the deficit in half in the second quarter on Darwin Jones' 4-yard run through the line to paydirt. But that was as close as East would come. Spragg added a 1-yard score with 7:51 to play in the fourth quarter to give Simeon its margin of victory.

"I think defensively we did all right," Hill said. "But we have a lot more work to do. We have some young defensive ends who are playing for the first time this year. I think as far as the weeks go on, they will get better and better. I think today the fatigue and being tired and the lack of killer instinct hurt us."

"I thought as far as offense goes, we could run the ball well. We had a great two-day, and I didn't

See FLYERS, Page 3B

Sports



The DesPain Financial softball team won the Chic Division of the Collinsville Baseball & Softball League with a 16-0 record. Members of the team (from left to right) are: in front — Cara Heaton, Ellen Barnes, Angela Caselli; Middle — coach Carol Cawrey, Beth Jakich, Lauren Poston, Krista Cawrey, Devin Martin, coach Brenda Caselli; In back — coach Kathy Cook, Susie Noth, Meghan DesPain, Jessica Schwarzkopf, Stephanie Willong, Krista Swip and Chrissy Molinar.

Fox plans title tilt

Football game slated for 2000

When it comes to exploitation, there are few current examples better than the Illinois High School Association allowing football practice to begin on Aug. 11.

Among other things, the early start allows the IHSA to stretch a season already lengthened by a postseason that does not permit a weekday game.

More exploiting? How about the Fox Sports Net plan for a national high school football championship after the conclusion of the 2000 regular season?

Maybe that will be the forerunner of year-round schooling. We'll have year-round football and fill in the school days.

According to the Fox plan though, the championship game will pit the nation's top two teams in a coast-to-coast broadcast across FSN's 22 regional cable networks, including Fox Sports Net Chicago.

In case you have forgotten, Fox Chicago is how the state prep basketball tournaments were fed to southwestern Illinois.

How will a final two be reached? The plan calls for Fox to debut a "Fab 50" weekly national poll this fall, allowing for a precedent in selecting the top two in 2000 when the national title will be determined.

Would the IHSA be part of such a proposal? Current rules would make that unlikely since the association ends its football season on the final day of its state playoffs and also prohibits teams from traveling more than 500 miles for a game.

While no definite title site has been named, it is fair to assume it would be in a sunshine state in December. Meanwhile, IHSA executive director Dave Fry sees the positives and negatives of a national prep championship.

"You can argue from the marketing standpoint and the exposure standpoint and the pizzazz of a big event that makes someone some money that a national high school event could be a great splash," said Fry.

"But I certainly understand the downside arguments from a school principal's perspective that says when is enough, enough? ... that a state title is really enough for our objective for high school athletics."

"We see this as a building process," said FSN spokesman Michael Lewellen.

"What we really hope happens is this concept will have enough support and interest around the country where the incentives to participate — even if it means changing policies a bit — outweigh reasons not to be involved. We think this would be good for high school football."

My bet is that if the televised national title game eventually will be added, and if football succeeds, basketball can expect a similar plan.

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P185/75R14 VVV \$69 Fits: Ford Expedition	P255/70R16 OWL \$99 Fits: Ford Expedition	P215/70R15 BLK \$65 Fits: Pontiac Grand Am, Buick Skylark	P205/70R15 BLK \$66 Fits: Ford Taurus, Ford Focus	P205/70R15 BLK \$66 Fits: Ford Taurus, Ford Focus	P225/70R16 OWL \$118 Fits: Dodge Neon, Ford Focus	P255/70R16 BLK \$73 Fits: Ford Expedition	P185/65R14 BLK \$69 Fits: Ford Taurus
P205/75R15 BLK \$64 Fits: Dodge Neon, Ford Focus	P235/75R15 BLK \$77 Fits: Dodge Neon, Ford Focus	P235/70R15 BLK \$66 Fits: Pontiac Grand Am, Buick Skylark	P205/70R15 BLK \$66 Fits: Ford Taurus, Ford Focus	P205/70R15 BLK \$66 Fits: Ford Taurus, Ford Focus	P225/70R16 OWL \$118 Fits: Dodge Neon, Ford Focus	P255/70R16 BLK \$73 Fits: Ford Expedition	P185/65R14 BLK \$69 Fits: Ford Taurus
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Flyers fall 20-7 in season opener

Continued from Page 1B

think anybody was going to be able to stop us. I thought maybe with the passing that we may have some trouble since this is (quarterback) Kindall Lyons' first year. But not being able to run hurt us. We are going to have to do

whatever we can so that the offensive line men don't have to play both ways."

Darwin Jones limped off the field after taking a beating all day from the Simson defense. "Darwin is all right," Hill said. "I think he just has to get used to taking that many hits. I think Darwin is going to be a great one. As soon as we get that line together, you are

"I am very upset, I really am. I think if we would have given 150 percent and lost I wouldn't be mad. But just giving up, I don't like that."

Terry Hill
East St. Louis coach

going to see a guy who is able to run the ball well."

The Flyers also paid the price for poor field position. "I think the field position played a part in the first quarter," Hill said. "We were down in their side a lot and never could break through the middle of the field. So that hurt us."

"But I told my kids that there is no excuse for not giving 150 percent. I know for a fact that that is what hurt our team, that they didn't give that 150 percent. The reason why is something that I am going to have to think about over the weekend and see why. I don't think it has anything to do with fatigue because I gave them a couple of days of not running full out."

"I am just going to have to

sit back and give it some more thought. I am very upset, I really am. I think if we would have given 150 percent and lost I wouldn't be mad. But just giving up, I don't like that."

East Side next faces (St. Louis) Sumner Saturday at home.

"We have to bounce back next week," Hill said. "We are going to go to base Monday and work hard. Hopefully we learned something from today. I told my kids that every Friday or Saturday we have a hard team. We don't have any easy teams. Everybody we play is hard and good. They have to understand that we just have to go out and come to play."

Next week is going to be another hard one, and the week after that will be another hard one, all the way to November."

Edwardsville trounces Chicago Gage Park 47-12

By Greg Shashack
Staff writer

On a sweltering day at the Sports Complex, the Edwardsville Tigers barely broke a sweat while throttling Chicago Gage Park.

The Tigers landed an early knockout in a 47-12 season-opening victory vs. the Fighting Owls. Edwardsville scored on its first five possessions to take the lead to 47-0 in 10 minutes into the game.

That effectively ended the day for the Tigers' biggest contributors, though the starters did return briefly in the third quarter to stretch the lead to 47-6 and invoke the mercy rule that allows the clock to run uninterrupted.

Gage Park is coming off a 7-3 season, but the Owls brought just 19 players to Edwardsville. And while some of those 19 Owls were fast, Tigers coaches probably left the field knowing little more about their team than than

they did before the game. "I think our preparation was good all week and that's the sign of a good team," Edwardsville coach Tim Dougherty said. "I thought our execution on the field in the first half before we started subbing. We'll have to take a look at the film, but overall, I thought we did what we had to do."

Tigers tailback Travis Evans scored four touchdowns, including a 33-yard scoring pass from quarterback Matt Allaria, and fullback Joe Bevis scored three TDs for the Tigers. Bevis scored on a 50-yard run on his first carry. He would tote the ball just two more times for 12 runs of 7 and 10 yards — before calling it a day on offense. The early exit was no problem for the senior all-star.

"Even though we didn't get a bunch of snaps in for our first stringers, the reserves got a chance to show the coaches what they're made of and what they can do," Bevis said. The victory extended the Tigers' regular-season winning streak at the Sports Complex to 25 games.

Smith leads GCHS to win

Continued from Page 1B

slid a low line-drive under

Levinson's glove. Jackson, Jay Ginsert and Jeremiah Beckley Smith also scored in the second half for the Warriors.

"Things eventually opened up," Granite City coach Gene Baker said. "Mike scores and that opens up the game. Jeremy (Hickam) did real well, did a lot of things right. I think we got some good help off the bench from Matt Jackson, Jeremy Smith, those guys played quite well. In the backfield Jared provided a lot of leadership. (Coach) Justin (Roehr) was untested for the most part."

"That was a good win because they are a hustling team. We do have some quickness, and it shows. There are some other things that I think we will be doing better as the season progresses."

The Warriors will take on one of St. Louis' best teams Thursday when they travel to Francis Howell Central.

"They were an all-junior team last year, they had no seniors," Baker said. "The reason the coach went there was because he knew they were coming, they were going to be good."

"I think they will be able to play with CBC, Vianney, DeSmet, anybody. They are big, physical, they are an excellent keeper. At their field, it will be an awfully good test for us."

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Sports

Upcoming volleyball games

GIRLS VOLLEYBALL

Aug. 29-Sept. 2
Marissa Invitational (Dupo, Waterloo Gibault, Lebanon, Valmeyer, Columbia, Wesclin).

Aug. 30
O'Fallon at Marissa.
Valmeyer at Lebanon.

Aug. 31-Sept. 2
Edwardsville Tiger Classic (O'Fallon, East St. Louis, Waterloo, Edwardsville).

Aug. 31
Sparta at Wesclin.
Jacksonville at Belleville East.
Bethalto Civic Memorial at Granite City.
Mascoutah at Breece Central.
Belleville Althoff at Breece Central.
Sept. 1
Belleville West at Red Bud.

Sept. 2
Red Bud at Mascoutah.
Atton (Mo.) Cor Jesu at Belleville East.
Breece Mater Dei at Freeburg.
Belleville Althoff at Marion.

Sept. 3
Springfield Tournament (Belleville East).

Sept. 4
Quincy Invitational (Belleville West).
Murfreesboro Round Robin (Dupo).
Lincoln Invitational (Cahokia).

Sept. 6
Carbondale Tournament (Freeburg).

Sept. 7
Columbia at Valmeyer.
Livingston at Dupo.
Belleville East at Mascoutah.
Freeburg at Belleville West.
O'Fallon at Carbondale.
Wesclin at Highland.
Chester at Waterloo Gibault.
Lebanon at Cahokia.
Belleville East at Mascoutah.
Belleville Althoff at Waterloo.

Sept. 8
East St. Louis at Collinsville.
Triad at O'Fallon.
Florissant (Mo.) McCluer North at Granite City.
Dupo at Red Bud.

Sept. 9
Belleville East at East St. Louis.
Collinsville at Valmeyer.
Dupo at Columbia.
Belleville Althoff at Granite City.
Alton at Belleville West.
Cahokia at Marion.
Belleville Althoff at Freeburg.

Sept. 10-11
Mount Pulaski Tournament (Belleville Althoff).
West Plains (Mo.) Tournament (Red Bud).

Sept. 10
Edwardsville at Hazelwood (Mo.) East.
Lebanon at Trico.
Valmeyer at New Athens.
Waterloo Gibault at O'Fallon.

Sept. 11
Mascoutah Tournament (Freeburg, Wesclin).

Sept. 13
Metro East Lutheran at Columbia.
Chester at Belleville East at Granite City.
Livingston at Lebanon.
Mount Vernon at O'Fallon.
Triad at Edwardsville.
Waterloo Gibault (Mo.) Nerinx Hall at Belleville West.
Alton at Cahokia.

Sept. 14
Columbia at Marissa.
Freeburg at Lebanon.
Waterloo at Jerseyville.
East St. Louis at St. Louis Gateway Tech.
Triad at Mascoutah.
Collinsville at Red Bud.
New Athens at Dupo.
Belleville East at O'Fallon.

Granite City Invitational (Granite City, O'Fallon, Red Bud, Freeburg).
Nike Preview Tournament at Mother McAuley (Belleville East).

Sept. 16
Waterloo Gibault Tourney at Family Sportplex (Waterloo Gibault, Columbia, Waterloo, Valmeyer, Cahokia).

Sept. 20
O'Fallon at Columbia.
Dupo at Lovejoy.
Valmeyer at Waterloo.
Wesclin at Waterloo Gibault.
East St. Louis at Belleville Althoff.

Sept. 21
Belleville East at Breece Mater Dei.
Mascoutah at Waterloo.
Mehlville (Mo.) at Edwardsville.
Bunker Hill at Dupo.
Wesclin at Lebanon.
Valmeyer at Metro East Lutheran.
Red Bud at Carlyle.

Freeburg at Columbia.
Cahokia at O'Fallon.
Frontenac (Mo.) St. Joseph's Academy at Belleville Althoff.

Sept. 22
Venice at Dupo.
Granite City at O'Fallon.
Waterloo Gibault at Lebanon.
Red Bud at Belleville East.

Sept. 23
Edwardsville at East St. Louis.
Marissa at Freeburg.
Belleville East at Alton.
Carlyle at Wesclin.
Highland at Waterloo.
Granite City at Belleville West.
Dupo at Breece Central.
Bethalto at Mascoutah.

Sept. 24
Lebanon at Venice.
New Athens at Freeburg.

Sept. 25
Orange & Black Tournament at Edwardsville (Edwardsville, Dupo).

Sept. 27
Centralia at Cahokia.
Highland at Edwardsville.
Waterloo Gibault at Waterloo.
Carlyle at Lebanon.
Granite City at Triad.
Dupo at Livingston.
Wesclin at Columbia.
Salem at Mascoutah.

Sept. 28
Marissa at Wesclin.
Dupo at Breece Central.
Waterloo at Triad.
Columbia at Lebanon.

Solid cast hopes to mend Granite City's program

Continued from Page 1B

accomplish. I have just been very pleased with them. They have worked extremely hard, and I really appreciate what they have done."

The Warriors have set modest on-court goals in this first year of reclamation. "One of our goals that we have established is that we would like to have at least a 500 record or better," Layton said. "We would also like to advance to the regional tournament. These two goals actually came from the seniors. Those were my personal goals, but I never said it to them, and they came up with them on their own. Also we would like to see our

serving be more effective during the matches. We have worked really hard at that in practice."

The plan for Granite City volleyball this year is to reap the rewards of a good, winning attitude.

"Our seniors have a winning attitude, and I think our juniors also have the tenacity to work very hard to win," Layton said. "We are in a very tough conference with Belleville East and West. They are so extremely strong. Collinsville is always strong, and I think Edwardsville will be strong. Right there that is four out of the six schools that are strong. So we know we have a tough battle to fight, but they are willing to work hard to get where we want to be."

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Baseball History
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Dear Fans:
On September 10, we'll be celebrating at Busch Stadium my record breaking career in Major League Baseball and I invite you to be a part of the celebration. As chairman of the 1999 Old Newsboys Day Fund Campaign, I am dedicated to breaking another record...one that benefits thousands of area children.

The "Anatomy of a Home Run", a 25-frame flip sequence of Mark McGwire's Home Run Number 70 in color. Each "flip book" can be purchased for \$15 and proceeds benefit the Old Newsboys Day Fund. In addition, your name will be entered into a special drawing where one person will help me celebrate by participating in the pre-game ceremony to catch the "first pitch" on September 10, at Busch Stadium.

It's easy to get involved. Simply fill out the order form below and return by September 8. The winner will be notified by telephone on September 9. Thank you for your support.

Anatomy of a Home Run
Please enclose \$15 for each flip book ordered. Also, please enclose \$1 for shipping and handling for each mailing. Make check payable to Old Newsboys Day Fund for Children's Charities. Mail To: 31111 Main Road, Suite 101, St. Charles, MO 63303.

Name _____
Address _____
City _____ State _____ Zip _____
Phone _____

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The Suburban Journals Bridal Planner will include information about everything the well-prepared bride or groom needs to know in order to plan a successful wedding. The spiral-bound book will contain bridal businesses, stories, photos, checklists and worksheets to help coordinate and organize all of your wedding details.

To receive your free copy of the Bridal Planner simply fill out the form below and take it to your local Suburban Journals office (call 314/821-1110 for the nearest office), or mail it to: Bridal Planner, 1714 Deer Tracks Trail, St. Louis, MO 63131. (No mail in requests please allow 3-6 weeks for delivery.)

☐ Please send me a copy of the Bridal Planner.

Bride's Name _____
Groom's Name _____
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City _____
State _____ Zip _____
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Proposed Wedding Date: _____ Month _____ Year _____

Suburban Journals

Mix 93.7
KSD St. Louis

Last Summer of the CENTURY

Win a Summer Survival Kit!

Mix 93.7
KSD St. Louis

All summer long, MIX 93.7 will be giving away awesome Summer Survival Kits loaded with amazing prizes like Riverport concert tickets, beach gear, Banana Boat suntan lotion, Cardinals baseball tickets, passes for Ragin' Rivers, Six Flags, Wehrenberg movies tickets and more!

Win a Buick Century!

From Sinclair Buick GMC

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OFFICIAL "LAST SUMMER OF THE CENTURY" ENTRY FORM

NAME _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
PHONE NUMBER _____ SS# _____

HOW TO PLAY: Clip out this entry blank and mail it to Mix 93.7, 1910 Pine St., St. Louis, MO 63103. Then from Memorial Day to Labor Day, we will select one winner per day for the Summer Survival Kits. Listen every weekday to Mix 93.7 to hear your name. Winners are chosen at random 3-4 days before on-air announcements. Every Last Summer of the Century winner is qualified for the Grand Prize: A Buick Century from Sinclair Buick! No purchase necessary to win. Sorry - no photo copies of entry form allowed. One entry per person. One winner per household. Winner must be 18 years of age or older. Winners must wait at least 24 hours from the time they won to pick up their prize. Entries must be received by August 31, 1999. Winner is responsible for all taxes. Complete rules available at the offices of Mix 93.7.

Mail this entry to: Mix 93.7, 1910 Pine St., St. Louis, MO 63103



Mix 93.7
KSD St. Louis

Support groups

Weekly

AL-ANON ADULT CHILDREN Meets at 7 p.m. Wednesday at St. Elizabeth Medical Center, 2100 Madison Ave. in the Kettler Center Conference Room A. Call 463-2429 for more information.

ALCOHOLICS ANONYMOUS Meets at 11 a.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, (800) 307-6600.

ALCOHOLICS ANONYMOUS Meets at 8 p.m. Wednesday, St. Elizabeth School's Nouth's Ark Day Care, Fort-ton Road, Granite City. The meetings are closed except for the last Wednesday of the month.

ALCOHOLICS ANONYMOUS Meets at 11 a.m. and 8 p.m. on Thursday and noon and 8 p.m. Friday at 2116 Edison, Granite City. Call (800) 307-6600 for more information.

AL-ANON meets at Thursday 7 p.m. at St. Elizabeth Medical Center 2100 Madison Ave. in the Kettler Center Day Care Center Room C. Call 463-2429.

ALCOHOLICS ANONYMOUS meets at 8 p.m. Thursday, at Mitchell Presbyterian Church, East Chain of Rocks Road and Greenway Drive. Call (800) 307-6600 for more information.

ALCOHOLICS ANONYMOUS meets at 8 p.m. Saturday at 2116 Club, 2116 Edison, Granite City. Call (800) 307-6600 for more information.

matron.

ALZHEIMER'S SUPPORT GROUP at Eden Village Nursing Home in Edwardsville meets at 7 p.m. Thursday. There is no fee or reservations required.

CATHOLIC CHARITIES offers individual, marriage and family counseling Thursdays at Our Lord's Lutheran Church, 150 Wilma Drive, Collinsville. To schedule an appointment, call 344-6049.

DEPRESSIVE MANIC DEPRESSIVE ASSOCIATION OF MADISON COUNTY meets from 1 to 3 p.m. Friday, at St. Elizabeth Medical Center in the Milinski room located in the basement. For more information, call the DMDA office at (314) 770-3995.

DIVORCED AND SEPARATED SUPPORT GROUP, sponsored by the Eden United Church of Christ and Holyton Youth and Family Service.

Family Care program in Edwardsville, meets at 7 p.m. Wednesday. All divorced or separated persons are welcome. Please call 656-9268 Monday through Friday from 9 a.m. to 4:30 p.m. for more information. There is no fee, but donations are accepted.

PULMONARY SUPPORT GROUP, for persons with diagnosed lung conditions, meets at 11 a.m. Wednesday at 4-Doctors Solarium at St. Elizabeth Medical Center. For more information, call 798-3019.

RECOVERING FROM THE LOSSES OF LIFE meets at 7 p.m. Wednesday at the First Baptist Church of Maryville, 2184 Vandalia Drive, behind Anderson Hospital.

The group provides encouragement and practical guidance for anyone who has lost a loved one through death or who has experienced other profound losses.

STEMS (Support Together for Emotional and Mental Serenity and Sobriety), a support group for people with a mental illness and an alcohol or substance abuse problem, meets at 1:30 p.m. Friday at Pascal Hall in St. Elizabeth Medical Center. Call 798-3604 for more information.

Bi-monthly

SPARENTS ANONYMOUS GROUP meets at 5:30 p.m. Thursday. For information on meeting site, call Elaine Seery at 463-2714 or Lyle Cudberry at 678-2382.

RIVERS OF WATER WORSHIP CENTER SUPPORT GROUP meets at 9:30 a.m. Saturday at 1307 Madison Ave. in Madison to comfort and restore. Group membership is open to all who are broken at no cost. Worship

service follows each third Saturday at 11:30 a.m. For more information, call 341-3643 or 656-7831.

Miscellaneous

ALTERNATIVES COUNSELING offers a supportive and educational group to the woman whose husband or romantic partner has sexually abused her child. For more information, contact Donya L. Adkerson at 656-5104.

NARCOTICS ANONYMOUS meets in the area at the following times and locations:

Thursday — Building a Foundation starts at 9 p.m. at SEMC in the Milinski room.
Friday — Friday Night Group meets at 7 p.m. at SEMC, Kettler Center A.
Saturday — Acceptance starts at 8 p.m. in Pascal Hall at SEMC.

Organizations

Weekly

EAGLE PARK ACRE SENIORS OF MADISON meet from 10 a.m. to noon Thursday at 100 Hill St. (rear), Eagle Park Acres, Madison.

GRANITE CITY COMMUNITY BAND rehearsals are 7:30 to 9 p.m. Thursday, at St. John United Church of Christ, 2901 Nameoki Road, Granite City. For information, call 931-0443.

HURSUJOLLY QUILTERS meet from 9 a.m. to 2 p.m. Thursday at the Social Center, 306 Thorngate Drive in Mitchell.

MADISON COMMUNITY ACTION GROUP meets at 7 p.m. Wednesday. For more information, call Dan at 452-2336 or Diane at 876-1360.

TOPS 2363 6:30 p.m. every Thursday at Anchorage Recreation Center, 2909 Edwards St. For more information, call Bobbie at 452-0273.

Bi-monthly

DSTRIPLE LODGE 835 A.F. and A.M. meets at 7 p.m. Wednesday at Masonic Temple, 1940 Cleveland Blvd. in Granite City.

St. Clair County Transit routes change

The St. Clair County Transit District announced service changes for several Illinois bus routes effective as of Aug. 30. In addition, seasonal school trips will be restored on several other routes.

On weekdays, the #501 Caseyville, all eastbound trips until 4:30 p.m. and the 5:34 p.m. eastbound trip will deviate via West Lincoln in Caseyville to serve the Gateway Foundation and

Caseyville Nursing Home. All westbound trips after 8 a.m. will also serve these two centers.

In addition, the #565 Silver Lane will revert to its original routing via Douglas between 8 Street and Lebanon Avenue due to the re-opening of the Lebanon Avenue bridge over the new Metrolink track in Belleville. Trip times will be adjusted on both routes.

Seasonal school trips will be restored on the following Illinois routes:
#502 Cahokia, #573 Washington Park, #560 Belleville, #572 Rosemont and #572 Alta Vista.

For additional information on St. Clair County bus service, call the St. Clair County Transit District at 277-9504 from 6 a.m. to 7 p.m., Monday through Saturday or 629-8990.

Information is also available from Bi-State Transit Information weekdays from 6 a.m. to 8 p.m. or weekends from 8 a.m. to 5 p.m. at 231-2345 in Illinois or (314) 231-2345 in Missouri.

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Annual Percentage Yield as of Sept. 1, 1999. Minimum deposit \$500.00. Rates subject to change without notice. Substantial penalty for early withdrawal. A.P.Y. assumes interest compounded quarterly.

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For More Information Contact:
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East Alton, Illinois 62024

618-254-8305

Attention Parents!

Parenting Series: How to get your kids to use their mind before you lose yours!

Free Parenting Series - Materials Provided

In Your Home Does:

- "No" mean "Maybe"
- "Now" mean "Later"
- "Clean Your Room" mean "Shove stuff under the bed"
- "Be home at 10 o'clock sharp" mean "sometime after 11"
- "We need to talk" mean "I want you to yell and argue"

Obtain new parenting strategies and network with other parents

Topics: Setting limits, discipline, communication, anger management.

SIX SESSIONS

Classes Start Wednesday September 15, 1999
6:00 P.M. - 6:45 P.M.

Space Is Limited So Advance Registration Is Required
Call 667-7775 to Register

Series Leader:
Susan Taylor
Prevention Specialists
Chestnut Health Systems

Bethel Baptist Church
Troy, IL 62294

7775 Collinsville Rd.
Tim Lewis, Pastor

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Sept. 2 - 3 - 4
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Great for Student!

Horoscopes

WEDNESDAY, SEPT. 1
TODAY'S BIRTHDAY: Big projects that might have seemed so intimidating to you in the year ahead. Your new attitude will provide you with many opportunities to tackle and accomplish several large endeavors.

VIRGO (Aug. 23-Sept. 22) It behooves you to be especially attentive today when others start speaking. You have the ability to take bits and pieces of ideas and mold them into something worthwhile.

LIBRA (Sept. 23-Oct. 23) Before the day is over, you're likely to end up with an accumulated surplus quite helpful to your financial picture. This will be because of the hard effort you'll put forth now.

SCORPIO (Oct. 24-Nov. 22) Review issues you intend to

present to others today several times. Don't take for granted that just because something is clear in your mind, it will be equally so to others.

SAGITTARIUS (Nov. 23-Dec. 21) Someone who usually isn't too visible might make his or her presence felt today through backing you up on an important financial transaction.

CAPRICORN (Dec. 22-Jan. 19) Team work is what is called for today in order to successfully promote an ambitious program. The more people you can get working on your project, the better.

AQUARIUS (Jan. 20-Feb. 19) Small opportunities can be expanded into something rather grand today if you're willing to do all the preparatory, behind-the-scenes research first. Dig into the nitty-gritties.

PISCES (Feb. 20-March 20) Aside from their pleasurable aspects, interaction and cooperation with others could produce a very successful business related day. Teamwork is the key.

ARIES (March 21-April 19) The fog could lift today on an important commercial venture that has appeared confused and muddled. It'll now become crystal clear to you as to how things need to be handled.

TAURUS (April 20-May 20) Make certain your judgments are based on solid fundamentals and/or on previous successful experiences and you shouldn't have any trouble making a necessary needed decision today.

GEMINI (May 21-June 20) You can get the work week off to a good start by focusing all your efforts and energies today on situations that are directly related to financially profitable probabilities.

CANCER (June 21-July 22) Something you can do better than most is organize and direct others or things to successful conclusions. Today these aptitudes can be successfully used socially or commercially.

LEO (July 23-Aug. 22) Especially involving domestic or work related matters, the first indications that everything will be working out much better than you expected might come about today.

Movie schedules

Film timetable for Wednesday, Sept. 1. For times on other days or to confirm these times, check local theaters.

CARMICHAEL PETITE
 1-70 and Hwy. 157,
 Collinsville, Ill. 344-1708
 The Thomas Crown Affair (R) 7:05, 9:40
 Mickey Blue Eyes (PG-13) 7:10, 9:35
 The Sixth Sense (PG-13) 7:15, 9:45
 Runaway Bride (PG) 7:00, 9:20

EASTGATE CINE
 Eastgate Plaza, E. Alton, Ill., 254-5289
 Mickey Blue Eyes (PG-13) 5:00, 7:20
 Teaching Mrs. Tingle (PG-13) 4:50, 7:00
 Dudley Do Right (PG) 4:30, 6:50
 The Sixth Sense (PG-13) 5:10, 7:30
 Blair Witch Project (R) 5:20, 7:40
 The 13th Warrior (R) 4:40, 7:10

COTTONWOOD EDWARDSVILLE CINEMA
 Edwardsville, Ill., 556-6390
 Lake Placid (R) 7:30
 Arlington Road (R) 7:00
 American Pie (R) 7:15

NAMEOKI CINEMA
 30 Nameoki Village, 877-6630
 Runaway Bride (PG) 7:00, 9:40
 Blair Witch Project (R) 7:15, 9:30

O'FALLON 15 CINE
 1320 Central Park Dr.,
 O'Fallon, Ill., 822-4900
 Iron Giant (PG) 11:00,
 12:55, 2:50, 4:45
 Runaway Bride (PG) 7:15, 9:50
 Runaway Bride (PG) 12:00, 2:30, 5:15, 8:05
 Bowling (PG-13) 12:00, 2:30, 5:00, 7:30, 9:55
 Outside Providence (R) 12:30, 2:50, 5:00, 7:00, 9:05
 Dog Of Flanders (PG) 11:45, 1:55, 4:05, 6:15, 8:25
 Dudley Do Right (PG) 11:40, 1:40, 3:40, 5:40, 7:40, 9:40

Star Wars 2 (PG) 12:10, 3:00, 5:50, 8:40
 Teaching Mrs. Tingle (PG-13) 12:30, 2:35, 4:45, 7:10, 9:20
 Sixth Sense (PG-13) 11:15,

1:50, 4:25, 7:00, 9:40
 Sixth Sense (PG-13) 12:30, 3:15, 5:55, 8:35
 Blair Witch Project (R) 1:00, 3:00, 5:00, 7:00, 9:00
 The Muse (PG-13) 12:35, 2:45, 4:55, 7:05, 9:15
 American Pie (R) 11:30, 1:45, 4:00, 7:00, 9:25
 The Haunting (PG-13) 11:00, 1:00, 3:15, 5:30, 8:00
 The General's Daughter (R) 1:30, 4:00, 7:30, 9:50

SHOWPLACE 12 EDWARDSVILLE

6633 Center Grove Rd., 659-7469
 Mickey Blue Eyes (PG-13) 4:00, 6:40, 9:10
 Universal Soldier 2 (R) 5:30, 8:10, 10:10
 Teaching Mrs. Tingle (PG-13) 5:40, 7:50, 10:00
 The 13th Warrior (R) 5:00, 7:30, 10:20
 Blair Witch Project (R) 4:20, 6:20, 8:20, 10:30
 Dudley Do Right (PG) 4:50, 6:50, 9:15
 The Astronaut's Wife (R) 4:30, 7:00, 9:20
 Runaway Bride (PG) 4:10, 7:20, 9:40
 The Sixth Sense (PG-13) 4:40, 7:10, 9:30

Bowfinger (PG-13) 5:20, 7:40, 9:45
 The Muse (PG-13) 3:50, 6:30, 9:00
 Thomas Crown Affair (R) 5:10, 8:00, 10:25

COTTONWOOD EDWARDSVILLE CINEMA
 Edwardsville, Ill., 656-6390
 Lake Placid (R) 7:30
 Arlington Road (R) 7:00
 American Pie (R) 7:15

LINCOLN THEATRE
 103 E. Main, Belleville, Ill., 233-0123
 Muppets From Space (G) 7:05
 Austin Powers 2 (PG-13) 9:30
 Big Daddy (PG-13) 7:15, 9:15
 The Mummy (PG-13) 7:00
 Lake Placid (R) 9:30

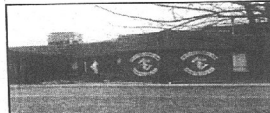
NAMEOKI CINEMA
 30 Nameoki Village, 877-6630
 Runaway Bride (PG) 7:00, 9:40
 Blair Witch Project (R) 7:15, 9:30

O'FALLON 15 CINE
 1320 Central Park Dr., O'Fallon, Ill., 822-4900
 Iron Giant (PG) 11:00, 12:55, 2:50, 4:45
 Runaway Bride (PG) 12:00, 2:30, 5:15, 8:05
 Bowling (PG-13) 12:00, 2:30, 5:00, 7:30, 9:55
 Outside Providence (R) 12:30, 2:50, 5:00, 7:00, 9:05
 Dog Of Flanders (PG) 11:45, 1:55, 4:05, 6:15, 8:25
 Dudley Do Right (PG) 11:40, 1:40, 3:40, 5:40, 7:40, 9:40
 Star Wars 2 (PG) 12:10, 3:00, 5:50, 8:40
 Teaching Mrs. Tingle (PG-13) 12:30, 2:35, 4:45, 7:10, 9:20



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Sunday Sept. 5th We Remember

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FRIDAY 3RD, SATURDAY 4TH & SUNDAY 5TH

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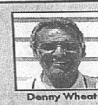
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Missouri family displeased with gift of mobile home

By Jim Merkel
Staff writer

When a man stood up during the taping of a nationally televised talk show and promised to give a Mehlville family a manufactured home, it seemed a dream come true. Now the Hayeses family says the mobile home they finally received is an uninhabitable piece of junk and that their dream has turned into an expensive nightmare.

"It was just awful," said Laura Hayeses, 24, who lives with her husband Jason, 25, and their six children in a house with several other members of their extended family.

But the Minnesota mobile homes dealer says the home is perfectly livable, and that the damage the family noticed was caused by the move from his business. He says he's willing

to pay to fix the damage. "It was supposed to be a rewarding thing, and now it's turning out to be a pain in the rear end," said Jeff Comiskey of Pioneer Mobile Homes, Inc. of Blaine, Minn.

A Journal check of the mobile home on Aug. 25 found walls that one could put their fingers in and woodwork giving way. Toilets and carpets were stained, and a ceiling fan was held in place with packing tape.

A door was broken off, and the roof was in poor condition. There were water stains in a bedroom, a door was off a circuit breaker box and the air conditioner was rusted out in the utility room.

The mobile home wasn't put on its pad when it was dropped off.

In February, Laura and

Jason and other family members were flown to New York to appear on a segment of Sally Jessy Raphael's talk show that dealt with the subject of adult children who live with their parents.

During the show's taping, which was aired in St. Louis on March 5, Comiskey stood up and said he would provide the family with a 16-by-74 foot manufactured home with three bedrooms and two bathrooms.

"I was so shocked. I was in awe. I could not believe it," a Journal article in February quoted Laura as saying. "It had to be God... It was just so miraculous the way this whole thing worked out."

But the family says what finally arrived at the Archway Manor Mobile Home Park in the 7400 block of St. Charles Rock Road in North County in mid-July was something less

than what they hoped.

The door of the 1984 mobile home was unattached, and frames were missing from half of the structure, they say. Two-by-fours were nailed on the siding to keep the siding from coming off. Mold was found throughout the building, and holes were in the foundation and siding.

Antifreeze was in the bottom of the toilets, which also were covered with a gunky black stuff.

"We called Jeff that night to let him know how unhappy we were," Laura Hayeses said. "He kept saying to my mom, 'What do you expect for free?'"

Hayeses' mother, Judi Scheller, said the family has spent more than \$600 for lot rental, permits to park and insurance for bringing the mobile home to St. Louis. Laura said a rent payment of \$269 on the lot comes due on

Sept. 1, and an insurance payment of \$170 on Sept. 12.

Comiskey has a different version of things. He said the damage to the front door occurred during the move. Wind coming through the doorway during the move then blew out a window, he said.

A new 6-inch trim strip is needed, and the wooden exterior needs a paint job, Comiskey said. Other than that, it's inhabitable, he said.

The only mold in the structure is the black stuff in the toilet, Comiskey said. The antifreeze was put into the toilet to winterize it, he said.

Comiskey said he spent more than \$5,000 to move the mobile home to St. Louis, and could get \$25,000 for it if he brought it back. He said he offered to pay to fix the damage if someone provides an estimate, and that Jason can paint the

exterior.

While it's not perfect, Comiskey said he told Scheller, "You got a home for free."

Meanwhile, Jason is working as a nurse assistant and plans to attend college this fall to advance his career. Laura said it could be an expensive proposition to move the mobile home to a junkyard, and has said she'd forget it if Comiskey simply hauled it away.

As for any legal recourse, the family might have, a spokesman for Missouri Attorney General Jay Nixon said there is little because the Hayeses essentially just received a verbal commitment.

"There really would not be any kind of protection that we're aware of under state law," Nixon spokesman Scott Holste said.

Meth manufacturers and users targeted by two new Illinois drug laws

By Deborah L. Bates
Staff writer

State Sen. Evelyn Bowles

efforts to strengthen Illinois' drug laws paid off when Gov. George Ryan signed two of her bills.

The new laws will help stop the manufacture and possession of methamphetamine, which have

become increasingly common in Illinois. Bowles, D-Edwardsville, sponsored another bill about a year ago that was not signed into law, but her battle didn't end there.

"We had a bill about a year ago, but it didn't fly," Bowles said. "For some reason or other, there was something they didn't agree with, so we came back this year. I think the fact that the people were more aware helped. Mostly, the legislators were more aware of the problem of methamphetamine. And it was probably more of a problem in their district."

"It has developed into quite a problem. We felt it was necessary to address this, and I'm very pleased the governor signed the bills."

When law enforcement in Missouri, which had more production labs than almost any other state, began to crack down on methamphetamine labs, the manufacturers of it

crossed the state line into Illinois.

Senate Bill 105 amends the Code of Civil Procedure. Under the bill, an owner, and lawful user, of anhydrous ammonia equipment cannot have a civil case brought against him if the equipment is stolen and used in the production of methamphetamine. About a year ago, people were pilfering farm tanks, Bowles said. The law provides a criminal charge for anyone tampering with, or stealing, the equipment.

House Bill 1278 prohibits the possession of methamphetamine manufacturing chemicals with the intent to manufacture an illegal drug like methamphetamine. A person who breaks the law can spend up to 60 years in prison and pay a fine of \$500,000.

Methamphetamine can be produced easily from commonly used products. It can be made quickly and nearly anywhere, making it

difficult to trace.

"The simplicity in manufacturing is what makes it so dangerous," Bowles said. "It is difficult to track down those who manufacture this drug because it can be made and sold before anyone knows what has happened."

The situation is becoming more serious because some manufacturers of the drug have begun to use the state's forests for a place to make the drug. The byproducts of the chemicals pose a threat to the environment and a serious threat of explosion and fire.

"Gov. Ryan certainly understands the situation we're up against," Bowles said. "With individuals making this drug in a parking lot and then driving around the corner to sell it, we must work even harder to send a strong message that our communities and our state will not tolerate those who sell or use this drug."

DEPRESSION

Clinical Research Associates of Edwardsville needs volunteers ages 18 and over with depression to participate in research studies comparing investigational drugs with available antidepressant medication and placebo. If you or someone you know has depression and would like to be considered for a study please give us a call. Symptoms include:

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Suitable volunteer will receive a physical exam, lab tests and regular visits with a psychiatrist free of charge. Call Mary 618-659-0292, 9:30 a.m. - 4:00 p.m. Monday - Friday.

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1121 University Drive

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TRUANCY NOTICE

A continuing effort is being made to curtail the chronic truancy rate in the Granite City School District, the Truancy Officer of Coordinated Youth and Human Services will be adhering more closely to the City Ordinance regarding truancy effective September 2, 1997.

If a student enrolled in Granite City District #9 is absent from school without just cause, the student and parents or guardian may be charged on a violation of City Ordinance for each absence.

This notice is an attempt to inform all truants, and their parents, or any person missing any portion of a school day during the school year, of the heightened effort to get students in school. Attendance at school is not optional.

If you have questions or want to report or want to make an anonymous report, call the Truancy Hot Line at 876-2383 x19

Now is perfect time to harvest corn crop for silage.

The feeding of corn silage in dairy cow diets is an excellent way to provide energy and fiber needs at a relatively low cost.

Because of the potential to lower feed costs, many producers are looking at feeding larger proportions of corn silage in the lactating dairy cow ration, according to Dave Fischer, Extension Dairy Educator.

This is especially true in these times of low corn prices when corn silage is a very good buy. Utilizing corn silage in combination with high quality alfalfa hay/silage in a 75:25 forage component ratio can be very successful in obtaining top milk production. However, it is very important to harvest and store these

forages properly to get maximum nutrient utilization by the cow.

The harvesting of corn silage has begun in many parts of Southern Illinois. It is time for all producers to start monitoring corn fields to determine when the silage is ready to harvest. The harvest date will vary depending on planting date, variety, growing conditions, etc.; however, do not be caught off guard by allowing the corn to get too mature. Maturity at harvest will affect corn silage quality because it influences grain and moisture content, as well as total plant digestibility. Maturity of corn silage can be monitored by determining the location of the kernel milk line. The milk line is the point

between the liquid and solid portion of the kernel, and will not appear until the corn is in the dent stage. Some hybrids do not show the milk line as readily as others, and cutting the kernel length-wide will help in observing where the line is located.

When the milk line is 1/2 to 2/3 of the way down the kernel, the whole plant moisture will be in the range of 70 to 65 percent moisture. However this thumb rule guide can vary among corn hybrids; therefore, measuring of silage moisture at the lab, moisture tester or microwave drying method will provide a more accurate reading. Harvesting corn for silage should be completed before the formation of the kernel black

layer because the lower moisture and increased maturity will decrease the digestibility and forage quality.

The type of storage structure will need to be taken into consideration when determining harvest time. Moisture levels generally recommended for the bunker and trench silo are in the range of 67 to 72 percent and for bag and upright stave silos 65 to 68 percent. Plant processors on corn silage equipment is increasing in popularity and used among dairy producers. Processing and rolling the silage makes more of the plant energy available to the cow, and provides for a longer particle length size of the silage which is helpful in maintaining good

rumen health for the cow. However, the use of plant processors does not suggest that harvesting quality corn silage can be accomplished outside the optimum harvest window of 64 to 70 percent moisture.

Maximizing the amount of corn silage fed to dairy cows can be a sound economic management decision. But, remember that corn silage

does have some nutrient limitations and must be properly balanced with other feedstuffs in the total diet. The lower crude protein and mineral content of corn silage will require additional supplementation and a careful balancing of fiber and non-fiber carbohydrates fractions will help provide for good rumen function and maintaining milk fat percentage.

Fall Planting Tips by the experts at

FRANK'S

NURSERY & CRAFTS

Where Beautiful Things Begin

ISDA approves temporary storage space for fall crops

In anticipation of a large corn and soybean harvest, the Illinois Department of Agriculture will grant early approval of temporary storage space in licensed grain warehouses, Agriculture Director Joe Hampton announced.

"Storage space in many elevators is already at a premium because of carry-over stocks from last

year," Hampton said. "Projections for a large crop coupled with low prices will likely mean an even greater demand for storage. We want to help elevators make preparations for the fall and to have ample space for the new crop."

Maturity of corn silage can be monitored by determining the location of the kernel milk line. The milk line is the point

Department of Agriculture's Bureau of Warehouses as soon as possible by calling 217-782-2895.

Hampton is also encouraging producers to plan ahead for grain storage needs.

"Farmers need to work with their local Farm Service Agency representative to review details of the Loan Deficiency Payments and other

programs to make sure that the proper paperwork is filed at the time of storage or sale."

Producers are also encouraged to contact their local elevator prior to the onset of harvest to reserve grain storage space for the 1999 crop. Early contact will allow elevators to more accurately plan for temporary storage needs.

This is the ideal time to get these activities done.

Green Tomatoes?

Have any green tomatoes amidst the red ones? If so, harvest them. Green tomatoes that are glossy and about three quarters of their full size are called mature green tomatoes. Slice open one. The gel in the seed cavity is thick and seeds slide easily off a knife.

Tomatoes picked at this time will ripen indoors. Not the smaller ones, though, they'll rot if kept for any length of time. Green tomatoes bruise very easily, so handle with care. Store them in a single layer at 55° to 70°F and away from a source of bright light.

You can speed up the ripening process by manipulating the storage temperature. The warmer it is, the faster they'll ripen. Why go to all this trouble? You'll still be enjoying garden-fresh tomatoes while everybody else will have to settle for store-bought.

If your lawn hasn't been fed yet, there's no need to wait any longer. Feeding with Fall Lawn Food is very important, since it helps your lawn endure the harsh winter and gives it a strong start next spring.

If you applied Weed & Feed recently, though, wait until mid-October or so before applying Fall Lawn Food.

Fall is Mother Nature's perfect planting time. You may have heard people make this claim before, and it's true. Fall generally provides cooler temperatures, plenty of moisture and reduced sunlight, all of which add up to nature's ideal planting conditions.

Isn't spring better? After all, something planted in spring has a whole summer to grow. But here's the scoop. When planted in fall, the roots of plants will continue to grow until the ground is completely frozen. And that usually gives it two or three months. The tops of the plants may be nipped by the cold along the way, but the roots keep on growing.

Here's the big advantage of fall planting: The plant doesn't have to deal with hot, dry weather right away. A new tree, with fewer roots has a tougher time finding water. Naturally, the cooler it is outside, the less stress for the plant. The plants simply won't lose as much water as they would in the middle of summer.

Cooler nights will become commonplace in the next few weeks, as we're noticing a definite difference in the amount of daylight. All this adds up to nearly perfect planting conditions.

The end result is a tree or shrub that will be more established and better equipped to deal with hot weather when next summer rolls around.

Fall's also a good time for planting lawns, so if you've been contemplating putting in a new one or patching up the old, it's time to get going. Newly planted grass likes the grand conditions of fall just as much as trees and shrubs do.

Transplanting's another project that goes hand in hand with fall. Give your landscape a good look-over and if a shrub or tree would be better suited to another area, go for it.

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APPLICATION FOR EMPLOYMENT GRANITE CITY POLICE OFFICER

The Qualifications listed below are not complete. For a complete listing of qualifications, please refer to the Rules & Regulations enclosed in each application packet.

APPLICATION MUST:

1. Be at least 20 years of age with a two-year Law Enforcement Degree or Be at least 21 years of age and under 35 year of age at the time of application deadline.
2. Possess or be able to obtain a valid Illinois Driver's License.
3. Pass a written examination, oral interview, background investigation, polygraph test, psychological exam, physical agility test, and a thorough medical examination.
4. According to City Ordinance #8411, shall become actual residents (domiciled) in the City of Granite City within 90 days from the first date of their gainful employment with the City of Granite City. The establishment and maintenance of primary residence within the City of Granite City shall be a condition of continued employment for said employee.
5. Have a high school diploma or G.E.D.
6. Have 20/20 vision or at least 20/50 binocular vision without corrective glasses to 20/20 with glasses and shall not be color blind.
7. Be able to obtain five letters of reference.
8. Pick up application from Judy Curry at the Granite City Police Department, 232 S. Madison Avenue, between the hours of 8:30 a.m. to 3:30 p.m., Monday through Friday. Applicants or their representative, will be asked to sign when picking up their application. APPLICATIONS AVAILABLE September 6, 1999
9. Complete and return the application by September 24, 1999 to the same location. NO APPLICATION WILL BE ACCEPTED AFTER 3:30 P.M., ON THAT DATE UNDER ANY CIRCUMSTANCES. APPLICATIONS MUST BE COMPLETED IN THE APPLICANTS OWN HANDWRITING.
10. Granite City is an Equal Opportunity Employer.

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Today's Food

www.yourjournal.com



Heart-y Bites
Icy desserts
give fruity edge
See Page 2



Whatever its accent, chicken fares well

By Janice Denham
Staff writer

Flavored with accents of its culinary culture, chicken is an uptown or down-home food. Wherever home is, it hangs its flavorful hat, sombrero or chaparral.

With accents in every language, chicken soup may have mint or basil, peppers or artichokes, or cannellini or black-eyed peas among its ingredients. Garlic and onion encourage its savory attributes. Wine warms its flavor. Fruit sweetens it.

At the 43rd National Chicken Cooking Contest, held earlier this year in Dallas, Asian dishes dominated the winners.

Top prize went to Japanese Amazu Chicken. Marie Rizzio of Traverse City, Mich., competed with dishes from every state and the District of Columbia.

To make it, chicken is coated with cornstarch batter, then quickly browned in oil. This is a lighter version of the battered chicken common to Asian dishes adopted by Americans a few decades ago.

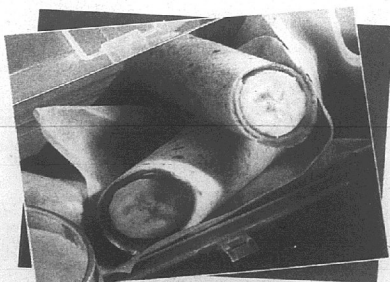
True to the Oriental feel for colorfully inviting dishes, the chicken is tossed with bean sprouts, cucumber, radish and green onion. Sesame seeds, green onion tops and red bell pepper are sprinkled on top. Sweetly pungent Amazu sauce is drizzled over the whole dish.

The entire dish, with minimal preparation, cooks in less than 15 minutes.

Tea smoked chicken was a second place winner for Roxanne Chan of Albany, Calif. She steamed chicken breast over rice cooked with molasses, brown sugar, cinnamon, allspice and black tea leaves, then served a fresh vegetable relish on top.

Asian Chicken Noodle Soup and Mandarin Chicken Wraps filled out the top four winning

See FOWL-UPS, Inside TODAY'S FOOD Page 2



Fruity Breakfast Taco

- Place two (8-inch) flour tortillas on baking sheet.
- Sprinkle 1 teaspoon sugar and 1/8 teaspoon cinnamon evenly over each tortilla.
- Broil tortillas 1 minute or until hot and lightly browned.
- On each tortilla, spread 2 teaspoons strawberry jam down center, then lay 1 banana on top.
- Roll up tortillas.

Makes 2 servings; 254 calories, 3 g fat, no cholesterol, 169 mg sodium, 545 g carbohydrate and 4 g protein each.

Kids' Cuisine

Food Nutrition

Wise Ways

Chicken is a quick cooker.
INSIDE

Blue Ribbon Cook

Homemade mixture
freezes into pop treat.
INSIDE

Test Run

For a quick treat in minutes, bake a batch of cookies from a box.
INSIDE

Micro Raves

The cook becomes the belle of the ball when she makes Southern desserts.
INSIDE

Lively Taste

Serve bell peppers and onion with a sweet-sour dressing of olive oil. Grill 8 bell peppers (preferably red), watching carefully and turning often, so they char evenly and thoroughly on the outside. Place in paper bag and let cool. Peel, remove tops and seeds, and slice in strips 3/4 to 1 inch wide. Arrange attractively on serving dish with 1 red onion, thinly sliced. Combine 1/3 cup olive oil, 1 teaspoon salt, 1/2 teaspoon freshly ground pepper and 2 tablespoons wine vinegar. Pour mixture over vegetables. Sprinkle with 1/2 cup chopped fresh parsley.

Health Fitness

Medicine Chest

Switching flea treatment between pets can be lethal.
INSIDE

Fresh Picks

Mustard up melons for juicy treats. They range from the yellow of Juan canary melon to the orange of cantaloupe, with every colorful hue between. American cantaloupe is actually muskmelon. Ripeness is judged by looks and aroma. They will be firm all over and slightly soft on the stem end. There are surprises. Galia melon looks like a cantaloupe, but has green flesh. Casaba's skin, slightly wrinkled and yellow, is matched by flesh that looks like cantaloupe. Melons with smooth skin usually feel slightly waxy when ripe.

Big Fat Tip

Serve Raita Dressing over burgers made with ground turkey breast, spiced up with cumin, ground ginger, fresh cilantro, garlic, onion and ground red pepper. To make the dressing, combine 1 1/2 cups plain yogurt, 1/4 cup each finely chopped and seeded cucumber and tomato, 1 tablespoon finely chopped onion and 1/8 teaspoon ground cumin.

Future Shop

Start September, Food Safety Month, by taking a quiz from the Food Safety Council of the National Restaurant Association. Answer each question true or false.

1. Refrigerate or freeze perishable food within 6 hours of bringing it home.
2. Avoid handling and preparing food when you are sick. Wash hands with soap and water frequently.
3. Proper cleaning of all surfaces that touch raw foods helps prevent cross-contamination of bacteria.
4. The safest place in a refrigerator to store raw meats, poultry and seafood is in the refrigerator's meat compartment or below other food.
5. The safest place to thaw frozen foods is on the kitchen counter.
6. An expiration date on food is not necessary.
7. Test food for doneness with a thermometer.
8. It is safe to reheat leftovers to 150 degrees.
9. It is important to wash cutting boards and knives.

Answers: Only numbers 1 (within 2 hours), 5 (in the refrigerator, a microwave oven or under running water) and 8 (reheat to 165 degrees and stir often) are false.

Today's Food

Replace ice cream's fat with frozen fruit treats

By Cheryl Houston
Correspondent

Ice cream is a cherished summer dessert. Its traditional ingredients of whole milk, cream and sugar, however, do not add up to a recipe for anyone limiting intake of fat, especially saturated fat.

HEARTY BITES

In contrast, another cherished summer food is fresh, ripe fruit. It contains no cholesterol and is virtually fat-free and sodium-free. Frozen with low-fat ingredients, it easily becomes the new frozen treat of choice.

Today's goal is to eat at least five servings of fruits and vegetables a day. Peaches and nectarines are rolling into local markets, ready to help fulfill this aim.

Although nectarines have the slick skin of a plum, they are a full-fledged member of the peach family, so closely related, sometimes a nectarine tree bears a branch of peaches and vice versa. The flesh of either can be yellow or white. Both have plentiful vitamin C, fiber and potassium, with yellow-fleshed ones adding vitamin A.

California supplies 95 percent of the nectarine crop, but the South contributes to the state's efforts to produce about half the peaches for the U.S. This year local crops have made their own plentiful mark for vine-ripened flavor and texture. Late-maturing varieties continue this abundance.

Peaches and nectarines are picked mature, yet firm. Closeness of the fruit helps soften and ripen them. Place several maturing nectarines and peaches in a paper bag, loosely close the bag and check their progress daily.

When ripe, they give off a sweet aroma and are slightly soft to the touch. Refrigerate ripe fruit to prevent over-ripening.

Soft, ripe fruit is best to use when combining these summer passions in fruity sorbets, shakes and freezes. Slice 2 medium peaches or nectarines to provide 1 cup of sliced fruit for recipes.

This icy treat is from the "California Summer Fruits Cookbook," Registered dietitian Cheryl Houston is a member of the nutrition committee of the American Heart Association, Greater St. Louis Division.

PEACHY BERRY FREEZE

- 4 ripe peaches, sliced
- 4 ripe nectarines, sliced
- 1 envelope plain gelatin
- 1/2 cup water
- 1/2 cup sugar
- 2 cartons (8 oz. each) low-fat strawberry yogurt
- 1/2 tsp. almond extract, if desired

In blender or food processor, puree peaches and nectarines until smooth and fruit measures about 3-1/2 cups.

In small saucepan over medium heat, stir and cook gelatin and water until gelatin dissolves. Reduce heat to low. Add sugar. Remove from heat. Stir until sugar dissolves.

Stir fruit puree, yogurt and almond extract into gelatin mixture. Freeze in ice cream maker according to manufacturer's directions.

Freezer directions: Freeze mixture in flat utility dish 2 hours. Cut in chunks and whip well. Freeze at least 2 hours.

Makes eight (1-cup) servings; 173 calories, 4 g protein, 36 g carbohydrate, 2 g fat, 6 mg cholesterol and 35 mg sodium each.



Cookies move from a box on a pantry shelf to oven to tummy in short order.

Testers eat up cookies, suggest baking more

Admittedly, it is hard to avoid pleasing many a sweet tooth when cookies with chips are offered, but selective testers tried to listen to their taste buds.

A selection of packaged and boxed mixes

for cookies were tested — two from Betty Crocker, two from Pillsbury and one from Duncan Hines — in a variety of flavors. Each cost about \$2.

The Betty Crocker mixes were expected to make 2 to 3 dozen cookies. They each needed an egg, 1/4 or 1/3 cup oil and 1 or 2 tablespoons water.

The testers were a grandmother and her two pre-school grandchildren.

"They had a wonderful time doing this," said the children's dad. "The older child is more into eating than her younger sister, but it was a grand occasion for everyone."

The baker thought the time or temperature of the cookies could be adjusted downward slightly, because they tended to brown faster on the bottom than in the center.

Tasters didn't mind. "The oatmeal chocolate chip (cookies) were wonderful. They had crunchy oatmeal and baked up nice. There were lots of chips with some spice, too," a tester said.

Another added, "The oatmeal ones didn't taste too brown at all. If some one likes softer oatmeal cookies, it would pay to adjust the time, but the

crunch was unusually good for an oatmeal cookie, with the mouth feel of the oats remaining."

Chocolate peanut butter chip was the other Betty Crocker brand tested. They had instant eye appeal.

"These are really a pretty cookie. They puffed up well, with the lighter chips peeking out from a dark dough," a taster said.

The baker noted that the peanut butter chips did not soften like the chocolate chips did.

Duncan Hines chocolate chip cookie mix also used oil and an egg. Results impressed the baker.

"I've never seen so many chips in a mix. They had a nice assortment in each cookie. They were done in the minimum time. The aroma was outstanding," she said.

The box touted a greater number of cookies than the Betty Crocker mix.

"It said the package would make 4 dozen and I got 43, which I consider excellent for \$2. It would be a fun project with a child or something an older child could handle on his own. The only thing is, because they do call for an egg, the bakers shouldn't eat the dough," she said.

Another liked their eye appeal.

"They baked up more brown than the Pillsbury and looked more old-fashioned. They were chewy with a rich chocolate flavor," she said.

The reference to the Pillsbury cookies made sense, because neither of the brand's chocolate chunk nor the white chunk called for egg or oil, only water.

"The white chocolate baked nice and flat for a big cookie. They were easy to bake. I made them in the morning before work and it took about five minutes to produce a nice, crispy, attractive cookie," the baker said.

Some tasters who ordinarily do not like white chocolate were surprised by how much they liked them. They disappeared quickly.

The chocolate chunk cookies also were pale. They drew the most diverse comments. One thought they were a little dry, another thought the background flavor was tinged with coconut.

While the "chunks" were differently sized than regular chips, they drew comparisons.

"These cookies don't strike me as having chips that are chunks. I think of a larger concept of 'chunk.' These are still chips. They're OK, but don't convey a super chocolate taste," a taster said.

While she did not think any of the cookies rated a "premium" rating, she credited them for being quick to make and would make a fun project with a child.

Several had a simple suggestion: Someone should bake more of them.

Pets' flea treatment not equal

By Rebecca Coley
Correspondent

Animal lovers delight in treating their dogs and cats with care and attention, but a recent Journal of the American Veterinary Medical Association highlighted a problem not commonly known.

MEDICINE CHEST

Advancements in veterinary medicine have brought effective flea and tick treatments. Powders and oils make prevention as easy as dabbing a spot of oil onto the skin.

However, caution must be used when applying them to different animals. Products may be packaged similarly, but their intended use varies. Often ingredients are the same, but concentrations differ according to the animal on which it is used.

Cats, for example, are very sensitive to a variety of chemicals.

Permethrin is a common chemical found in flea prevention and treatment products. For dogs, the concentration ranges from 45 to 64 percent. This amount can be lethal to a cat, who can tolerate concentrations around 2 percent.

U.S. Pharmacopoeia Veterinary Practitioners' Reporting Program tracks problems reported from veterinary products. Between August 1997 and September 1998, this organization received 11 reports that involved 12 cats hospitalized after exposure to a concentrated permethrin flea product. Four of them died.

The Environmental Protection Agency notes more than 125 cats have become ill after incorrect application of flea products. Nearly two dozen of these cats were ill because they merely came in contact with recently-treated dogs.

Thus, owners of both cats and dogs should watch their cats after treating other pets with these potent products.

Symptoms of permethrin toxicity in cats include excitability, twitching and seizures.

If a cat exhibits these symptoms, quickly bathe the pet in mild dishwashing detergent and seek veterinary care. Rebecca Coley is a registered pharmacist in the state of Missouri. Questions for her to answer in "Medicine Chest" can be e-mailed to her at rcoley@hstmail.com or sent to: Medicine Chest, Suburban Journal, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

Continued from page 1

slots. The wraps are served with plum sauce or sweet-and-sour sauce.

The National Chicken Council and the U.S. Poultry & Egg Association sponsors the chicken contest.

Of course, because people of all ages enjoy chicken, some tried-and-true combinations are likely when Dorothy said, "There's no place like home."

Chicken, bell pepper, onion and garlic can be sandwiched in pita pockets to hold in its Middle-American flavor. Light ranch salad dressing enhances its moistness and mild flavor.

The National Chicken Cooking Contest is held every two years. All 51 recipes in this year's judging are in the "Chicken Cookbook."

The 128-page paperback also includes winning recipes from previous cookoffs and chicken

recipes from the state of Texas, including Chicken Mazatlan from Laura Bush, wife of Governor George W. Bush. There is another section of updated

SPICY BASIL CHICKEN

- 4 boneless, skinless chicken breast halves, cut in large bite-size pieces
- 1 tbsp. dark olive oil
- 5 large cloves garlic, crushed
- 6 green onions, chopped
- 1 small yellow onion, chopped
- 1 tsp. soy sauce
- 1 banana pepper, chopped (for more heat, choose hotter pepper)
- 1 red bell pepper, chopped
- 1 tsp. chili oil
- 1/2 cup mild salsa
- 1 cup fresh leaf basil

Heat olive oil in large skillet over medium-low heat. Cook garlic in oil about 2 minutes.

Add green and yellow onion and soy sauce. Stir-fry about 2 minutes longer. Add peppers and chili oil. Cook about 2 minutes until peppers are tender-crisp.

Add chicken and salsa. Continue cooking about 5 minutes until chicken is no longer pink. Reduce heat to low. Stir in basil. Cook about 30 seconds or until basil wilts slightly.

Makes 4 servings.

chicken classics.

For each copy, send \$2 in check or money order to: Chicken Cookbook, Department NCC, Box 307, Coventry, Conn. 06238.

Rules for entering original chicken recipes in the next national contest are in the book. Deadline for entering is Oct. 15, 2000, with the

JAPANESE AMAZU CHICKEN

- 4 boneless, skinless chicken breast halves, cut in 1/2 inch strips
- 3 eggs, lightly beaten
- 3/4 cup cornstarch
- 1/3 cup oil
- 4 cups fresh bean sprouts
- 1 small cucumber
- 1/3 cup thinly sliced radish
- 3 tbsp. sliced green onions, tops reserved for garnish
- Amazu Sauce
- Toasted sesame seeds
- Finely chopped red bell pepper

In large bowl, mix together eggs and cornstarch. Dip chicken in mixture, coating well.

cook-off being held the next April in Sacramento.

More recipes using ranch salad dressing also are available by calling

In large nonstick skillet over medium-high heat, cook half chicken at a time about 5 minutes or until browned. Drain on paper towels. Keep warm.

In large saucepan, cook bean sprouts in boiling water 3 minutes. Drain. Using vegetable peeler, cut cucumber in thin strips.

Toss together bean sprouts, cucumber, radish and green onion. Place on serving dish and arrange chicken on top. Drizzle with Amazu Sauce. Garnish with toasted sesame seeds, red pepper and green onion tops.

Amazu Sauce: In small bowl, blend together 1/4 cup soy sauce, 1/4 cup sugar, 1/4 cup rice vinegar and 1 tablespoon sesame oil.

Makes 4 servings.

toll-free 1-800-537-2823.

CHICKEN IN PITA

- 1 tsp. oil
- 1 tsp. crushed garlic
- 1 onion, halved, sliced
- 1 red bell pepper, cut in 3 inch strips
- 1 green bell pepper, cut in 3 inch strips
- 8 medium mushrooms, sliced
- 1-1/2 cups shredded, cooked chicken
- 1/3 cup light ranch salad dressing
- 3 (7 inch) whole wheat pita pocket breads, halved

Heat oil in large nonstick skillet. Cook and stir garlic, onion, peppers and mushrooms until moisture has evaporated and onion is lightly browned.

Stir in chicken and ranch dressing. Heat thoroughly. Spoon into halved pitas.

Makes 3 servings.

Today's Food

BASIC SLOW-GRILLED RIBS

1 or 2 slabs pork back ribs or spare ribs
Rub, as desired
Sauce, as desired for basting, glazing, serving at table

Prepare medium fire in grill. Rub ribs as desired with seasoning. Place in single layer opposite heat source on grill. Cover grill. Cook ribs slowly 1-1/2 to 2 hours. If basting with sauce, start basting during last 20 to 30 minutes of cooking. For extra-tender meat, wrap ribs well in heavy-duty aluminum foil and place in heavy brown paper bag. Let them rest an hour before serving. Count on about 1 pound

uncooked ribs per serving.

Memphis-Style Ribs: Rub each slab of ribs with about 1/4 cup dry rub, made by mixing together 4 tablespoons paprika, 2 teaspoons cayenne pepper and 2 tablespoons each garlic powder, onion powder, white pepper, seasoned pepper, chili powder, cumin and brown sugar.

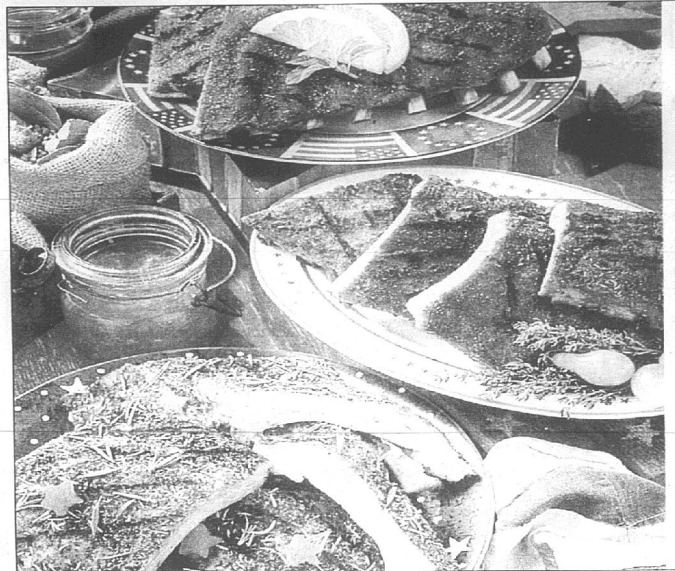
Texas-Style Ribs: Rub each slab of ribs well with ground black pepper. Baste ribs toward end of cooking with smoky barbecue sauce mixed with minced jalapeno pepper.

Southern Comfort: Rub each slab of ribs well with about 1/4 cup dry rub made by mixing together 6 tablespoons paprika, 4 teaspoons garlic powder, 4 teaspoons seasoned salt, 2 teaspoons dry mustard, 2 teaspoons oregano and 1

teaspoon chili powder. If desired, baste ribs toward end of cooking time with mild barbecue sauce mixed with 2 tablespoons or more of spicy brown mustard and a little molasses or bourbon.

Pacific Rim: Rub each slab of ribs with combined 2 teaspoons five-spice powder and 1 teaspoon ground black pepper. Baste ribs toward end of cooking time with mixture of 1 jar (about 8 ounces) hoisin sauce, 3/4 cup honey, 3/4 cup sherry, 1/4 cup soy sauce, 1 tablespoon grated ginger root and 2 cloves garlic, crushed.

Kansas City Style: Rub each slab of ribs with 1/4 cup rub made by mixing 1 cup sugar, 1/2 cup paprika, 4 tablespoons each seasoned salt, garlic salt, celery salt, onion salt, chili powder, 2 tablespoons tomato-pepper seasoning, 2 teaspoons dry mustard, 2 teaspoons ground sage, 1 teaspoon ground thyme and 1 teaspoon cayenne.



A basic recipe for grilled ribs eases labor on holiday

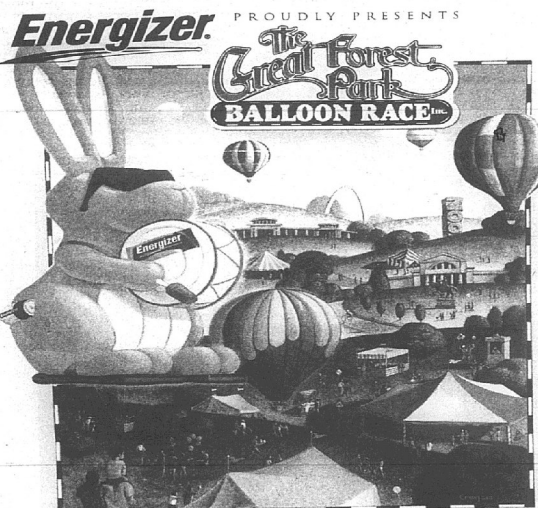
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Today's Food

Crusade for chicken yields easy, tasty, healthy meals

By Carol Schlitt
Correspondent

September is National Chicken Month, an "eggcellent" time to spotlight America's favorite meat. In fact, chicken is not only America's

WISE WAYS

favorite, but also one of the most-chosen meats worldwide. There is hardly a culture or religion that does not include chicken in its favorite dishes.

Americans eat chicken in a big way. Latest trend figures indicate they will eat an average of about 85 pounds per person this year, up from an average of 37 pounds less than 30 years ago.

Today's chicken is a true convenience food packaged in timesaving ways. Just a few years ago, skinless, boneless chicken breast was considered an expensive luxury. Now many households consider them a convenient standard.

When I was growing up, the only way my family bought chicken was the

SPICY CHICKEN STRIPS

6 boneless, skinless chicken breast halves
2 eggs
1/4 cup salsa
1-1/3 cups seasoned bread crumbs
1 tsp. salt
1 tsp. cumin
1 tsp. chili powder
1/2 tsp. leaf oregano

Preheat oven to 400 degrees. Coat 15-by-10-inch baking pan generously with nonstick cooking spray.

Cut chicken breast halves in 1-inch strips. In large bowl, beat together eggs and salsa. Add chicken.

In plastic bag, combine bread crumbs, salt, cumin, chili powder and oregano. Place chicken strips in bread crumb mixture a few at a time, making sure to coat entire strip.

Place chicken in prepared pan. Bake in preheated oven 15 to 20 minutes until chicken is no longer pink. Yields 6 servings; 240 calories, 4.5 g fat, 140 mg cholesterol and 740 mg sodium each.

whole bird. My mother was a whiz at cutting up a chicken. She meticulously passed the art on to me, but at this time of my life the skill lies dormant.

With chicken available in an array of cut-up parts and forms, I and many companion cooks prepare tempting dishes with minimal preparation. With low fat content, chicken makes a great choice for

people watching their fat and cholesterol intake.

Here is one of my family's favorite quick chicken recipes. It is not only spicy and full of flavor, but low in calories and fat.

Certified consumer and family scientist Carol Schlitt is nutrition and wellness educator at the Edwardsville Extension Center for University of Illinois Extension.

Recipe

SPICY CHICKEN SALAD

2 lb. cubed, cooked chicken (about 6 cups)
3 ribs celery, chopped
1 onion, chopped
2 yellow or orange bell peppers, cut in cubes

1/2 cup pitted, large black olives, sliced
1/4 cup lightly toasted pine nuts, chopped
1 tsp. grated lime peel
1 tsp. lime juice
1 can (10 oz.) diced tomato and green chiles
1/2 cup mayonnaise
1/2 cup sour cream

1/2 tsp. salt

In large bowl, combine chicken, celery, onion, bell pepper, olives, pine nuts, lime peel and juice, tomato and chiles, mayonnaise, sour cream and salt. Refrigerate until thoroughly chilled.

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To satisfy a taste for the tropical lemon, place a scoop of vanilla frozen yogurt next to lemon sherbet. Top with lemon curd, whipped cream and lemon zest.

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For more about Walks for Women and Pre-Registration information, just call 314-569-0500. Or E-Mail us at Walks@AMC.ORG.



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No wilting allowed for Southern belle or dessert

By Betty Serati
Correspondent

There are certain tradi-

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tional
descrip-
tions of
Southern

females — truthful or fictional. Often called a belle, she is characterized as strong, but sweet.

SOUTHERN CHOCOLATE-CHERRY MOUSSE

1 pkg. ladyfingers
2 cups whipping cream
1 can (16-1/2 oz.) pitted Bing cherries
2 tbsp. kirsch (cherry brandy)
1/2 cup semisweet chocolate mini chips
Grated chocolate and mint sprigs for garnish

Line side and bottom of 8-inch springform pan with ladyfingers.

In deep bowl, whip cream to form firm peaks. In small bowl, reserve 1 cup cream, cover and refrigerate. Set aside larger portion separately.

Thoroughly drain cherries, reserving 1/2 cup syrup. In small glass bowl, stir chocolate chips into reserved syrup. Microwave on medium-high (70 percent) power 1-1/2 to 2 minutes, until chips are melted and smooth when stirred. Stir kirsch into chocolate mixture.

Fold chocolate mixture into larger portion of whipped cream. Fold in drained cherries, reserving some for garnish. Pour into ladyfinger-lined pan. Refrigerate at least 2 hours.

Garnish with reserved whipped cream, cherries, grated chocolate and mint sprigs.

SOUTHERN BOURBONED PECANS

1-1/4 cups sugar
1/2 cup evaporated milk
1/4 tsp. salt
1/4 cup bourbon
3 cups pecan halves

In large microwave-safe bowl, combine sugar and evaporated milk. Cook on high power 8 to 10 minutes until soft-ball stage (small amount dropped into cold water forms soft ball).

Stir salt, bourbon and pecans into mixture until nuts are coated thoroughly.

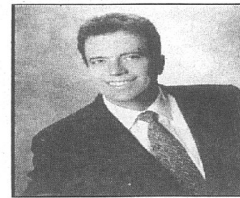
Drop pecans by spoonful onto waxed paper. Cool completely.

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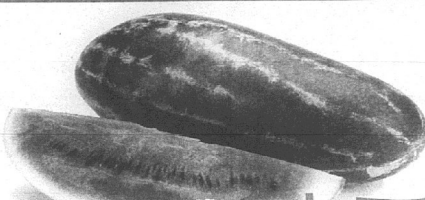
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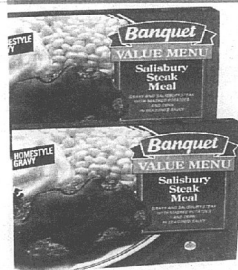


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Today's Food

Frozen pops give 'Nana' chance at fame

Nancy Noonan, Ballwin, wins this week's contest, the first in the month that rewards frozen drinks and desserts. Her prize of dinner certificates at the Pasta House Co. are for Nana's Popcycles.

BLUE RIBBON COOK

She played with a recipe in a "Joys of Jell-O" cookbook until the sugar was reduced and the consistency held. She says the combination does not melt and run down the arms, yet it is not ice-hard.

When she first made them, they were called Mom's Popcycles. Now she happily makes them for grandchildren, so they have become Nana's Popcycles.

Recipes for quick Tex-Mex dishes should be postmarked by Sept. 30 to be considered as a possible winner one of the four Wednesdays in October. Share a favorite appetizer, casserole or sandwich-type dish with Southwestern flair that is a standard to use for a quick meal.

A single recipe should be sent to: Quick Tex-Mex Contest, Suburban Jour-

NANA'S POPCYCLES

1 pkg. (4 servings) any flavor gelatin
1 pkg. unsweetened Kool-Aid, same flavor as gelatin
2/3 cup sugar
2 cups boiling water
2 cups cold water

Place gelatin and Kool-Aid in large bowl, preferably with lip for pouring. Add boiling water. Mix well until dry ingredients are dissolved. Add cold water. Mix well. Pour into small plastic cups. Freeze until almost solid.

Place wooden stick (from hobby shop) in each. Freeze at least 1 to 1-1/2 hours until solid. To loosen popcycle, roll cup back and forth in palms of hands, so warmth loosens it.

For larger pops, fill 8-ounce cups three-fourths full. Makes twelve (5-ounce) pops.

nals, 1714 Deer Tracks Trail, St. Louis 63131. It also can be e-mailed to westnews@primary.net.

Winners will be chosen from entries on the basis of taste and eye appeal, as well as originality, although the recipe need not be original.

As usual, the history of the recipe will be considered part of the entry. If possible, name the recipe's source.

Type or print the recipe legibly on one side of the paper. Include name,

address and telephone number on the entry. Name the Journal you receive.

Double-check the recipe as it is written for both amounts and directions. Include any variations that make this dish special. Winners are notified by mail. Duplicate entries will be considered on the basis of earlier entry or best compliance with the rules. Contest winners may enter again six months after their prize-winning publication date.

RASPBERRY CHOCOLATE SWIRL CUPS

1/2 pkg. (20 oz. size) refrigerated sugar cookie dough
1/4 cup flour
Raspberry sherbet

(swirl if available)
1/2 cup white or dark chocolate chips

Preheat oven to 350 degrees.
Roll out cookie dough on well-floured work sur-

face, until very thin (1/8 inch). Add flour as needed to keep from sticking. Cut out six 3-inch rounds.

Coat outside of muffin tin liberally with nonstick cooking spray. Press rounds onto these cups.

MINI FRENCH SUBS

2-1/2 tbsp. mayonnaise
2 tbsp. Dijon mustard
1 tsp. lemon juice
6 French or Italian bread rolls, split lengthwise
6 small leaves romaine lettuce
1 pkg. (10 oz.) roasted, carved chicken breast
6 slices Swiss or Gruyere cheese
2 or 3 ripe plum tomatoes, thinly sliced

In small bowl, combine mayonnaise, mustard and lemon juice. Spread cut sides of roll with mayonnaise mixture. On each roll, layer lettuce leaf, 4 or 5 slices chicken, 1 slice cheese and 2 or 3 tomato slices.

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Recipe

GULF COAST SALAD

3 cups cooked rice (cooked in chicken broth without butter or salt)
1 lb. cooked shrimp, peeled, deveined
1 cup sliced celery

1/2 cup sliced green onion with tops
2/3 cup light mayonnaise
2 tbsp. ketchup
1 tsp. lemon juice
1/2 tsp. prepared horseradish
1/2 tsp. prepared mustard
1/8 tsp. pepper sauce
Salt, if desired

White or black pepper Salad greens, as desired

In large bowl, combine rice, shrimp, celery and green onion. Stir together mayonnaise, ketchup, lemon juice, horseradish, mustard and pepper sauce. Add to rice mixture. Toss lightly.

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D-4 Beef with Vegetables
D-5 Beef with Broccoli
D-6 Chicken with Cashew nuts

D-7 Chicken with Broccoli
D-8 Chicken with Vegetables
D-9 Chicken with Lemon Sauce
D-10 *Hunan Chicken
D-11 Moo Goo Gai Pan
D-12 Sweet and Sour Chicken

D-13 Sweet and Sour Pork
D-14 *Hot Braised Chicken
D-15 *Hot Braised Pork
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Fat-free

By Dana Jacobl Correspondent

Moderation exercising it c cult. This is pa true when dres No matter hre

FEATURE Loading on bles it is, the c unites everyth the bowl while of its own.

FAT-FREE SALAD F

1/2 medium pepper
1/2 medium pepper
4 inches cuc (preferabl burples), seeded
4 red radish

Today's Food

Fat-free tuna salad flowers with tomato

By Dana Jacobi
Correspondent

Moderation is good, but exercising it can be difficult. This is particularly true when dressing a salad. No matter how full of

FEATURE
bright, flavorful vegetables it is, the dressing unites everything else in the bowl while adding zest of its own.

Loading on dressing

FAT-FREE TUNA SALAD FLOWERS

- 1/2 medium green bell pepper
- 1/2 medium red bell pepper
- 4 inches cucumber (preferably English or burpless), peeled, seeded
- 4 red radishes

though is undesirable because of the fat, usually from oil or mayonnaise, in most dressings.

True, some oils are high in health-promoting essential fatty acids that can be good for the body. But the amount of fat and calories in most dressings, unless by the stingy spoonful, quickly offsets potential health benefits gained from eating a big salad.

One day, quite by

chance, I found a way of making tuna and chicken salads that are fat-free, loaded with flavor and make their own dressing.

Cookbook author Dana Jacobi — who also created the recipes for American Institute for Cancer Research's book, "Stopping Cancer Before It Starts" — submits this material on behalf of the AICR in Washington, D.C.

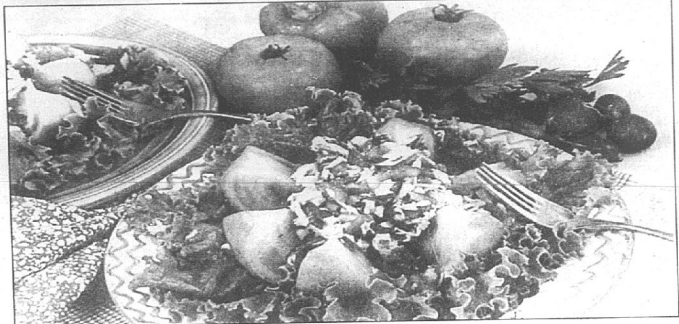
- 1/3 cup loosely packed, flat-leaf parsley
- 1/8 medium red onion
- 1 can (6 oz.) water-packed tuna, white or chunk light, drained
- Juice of 1 lemon
- Freshly ground pepper
- 8 leaves lettuce
- 4 medium tomatoes, cored

Finely chop green and red pepper, cucumber, radishes, parsley and

onion, preferably using a chef's knife. A food processor can be used, but vegetables will be wet and mushy.

In large bowl, combine vegetables with tuna, flaking it with a fork. Add lemon juice. Toss to combine well. Season to taste with pepper.

If desired, store in refrigerator, tightly covered, 24 hours.



Green, red, cool and luscious, this salad has a filling of tuna salad.

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Grill, broil or roast portobella mushroom caps. Top each cap gill-side up with one of these combos:

- Prepared tomato or

other pasta sauce, shredded mozzarella and parmesan cheeses.

- Crumbled bacon and shredded cheddar cheese.
- Prepared pesto and shredded Monterey Jack

cheese.

- Chopped plum tomato, dill and crumbled feta cheese.
- Cooked, crumbled sausage and shredded mozzarella cheese.

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- Worry about germs and dirt
- Repetitive hand washing and cleaning
- Checking doors, locks, appliances
- Ordering and collecting

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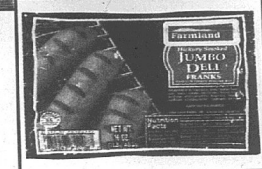
117
LB.



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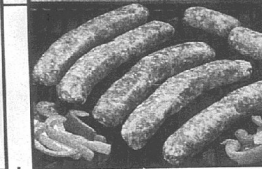
**Family Pack
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LB.



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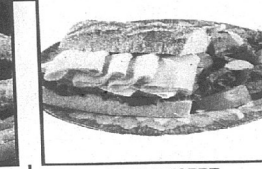
77¢
1 LB.



ORIGINAL, ITALIAN, BEER

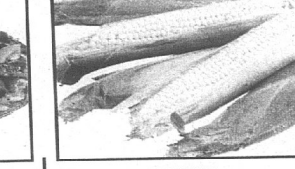
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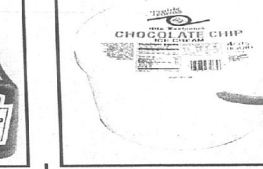
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Chevrolet enhances Blazer with luxury goodies

By Tom Strongman

Sport-utility vehicles (SUVs) are becoming as plush as luxury sedans with each passing day. Leather seats, electric sunroofs and power everything seem to be commonplace. No surprise, really, because loaded SUVs continue to be one of the hotter segments of the automotive business. Nameplates such as Cadillac, Lexus, BMW and Mercedes-Benz are common, while Porsche and Volkswagen are preparing their own.

Viewed in that light, Chevrolet's Blazer, one of the industry originals, continues to get more luxury equipment each year. While it comes in standard, LS and LT trim levels, it is noteworthy that new items for 1999 include an eight-way power driver's seat with memory, a power passenger seat, steering-wheel-mounted radio controls and a Bose stereo with multiple-disc CD player. Even heated outside mirrors are available.

Our LT test unit was loaded not only with the above goodies but leather upholstery, a sunroof and a heated driver's seat. It was, in other words, a Blazer as much at home at the country club as the country farm.

This compact SUV is available in both two- and four-door models. I drove a four-door because the two-door has a fairly limited appeal due to the difficulty of getting into the back seat.

While the wheelbase of the two-door is nearly 7 inches shorter than the four-door, interior dimensions of the two are pretty close with the exception of cargo capacity, which is smaller in the two-door.

Last year Chevrolet redesigned the Blazer's interior, especially the instrument panel, which was long overdue. The new one is much easier to use, because the center section is slanted toward the driver and controls have been revamped. The gauge cluster, for example, picks up on the theme displayed in the Corvette, Impala and Silverado. It is classy, refined and easy to read at a glance. Nothing else is required of gauges.

Heating/cooling is adjusted with rotary knobs that glide smoothly, and the radio buttons are big and relatively easy to hit. Adding remote buttons to the steering wheel as an option is great, because stations can be changed without moving one's hands from the wheel.

The leather bucket seats were

overstuffed and quite plush, almost like good living room chairs. They are a worthwhile improvement.

Access to the cargo space is through a lift-gate with opening window, or a tailgate that folds down. I prefer the former to the latter, because it's easier to load items inside without having to reach across the outstretched tailgate. But some folks might find the tailgate good for carrying long objects home from the lumberyard, etc.

If there is one knock on the Blazer, it has to do with its compact overall size, which is especially noticeable inside. This is not a very big vehicle, and some folks will be disappointed if they have to haul a lot of people and stuff.

Another thing I noticed about the back seat is that it sits close to the floor, which requires a seating position that is not exactly ideal for full-size adults.

Under the hood, the Blazer still has the tried and true 4.3-liter V-6 engine with 190 horsepower, an engine that has been around for some time but one that performs reasonably well in spite of its aging architecture. The four-door Blazer tips the scales at 4,049 pounds, which is a fair amount for 190 horses

to heft around. This engine makes decent mid-range power, however, so it actually feels stouter than one might expect.

Of course, a four-speed automatic transmission is the only one available, and it shifts as easily as a politician at election time.

Autotrac - an automatic four-wheel-drive system that sends power to the rear wheels until they slip, at which time an electronic motor transfers power to the front wheels for added traction - is standard on the LT and optional on the LS.

When conditions are rugged, four-wheel-drive, either high or low range, can be engaged with a button on the dash.

The base price of our test truck was \$31,270. Its option list was long: 3.73 rear axle ratio, electric sunroof, heated driver's seat, steering wheel radio controls, six-disc CD changer, two-tone paint, trailer equipment, power windows and locks, tilt steering wheel, tachometer, roof rack, cruise control and premium suspension packages.

With a discount of \$1,400 for the preferred equipment package, the sticker price was \$32,765. The warranty is for three years or 36,000 miles.

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
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